

# Silver Vision

SILVER JUBILEE EDITION



# THE MARIAN

1986-2011



**Scared Image of Our Lady of Graces**

Venerated in the Basilica, Shrine of Sardhana

Distt. Meerut (U.P.) India

# HE PRAYS FOR ALL



*His Holiness Pope Benedict XVI  
The Leader of Catholic Church  
The advocate of pro-life  
The guardian of human conscience  
The voice of the voiceless*





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# Editorial ...

*It gives me a subdued feeling of lingering nostalgia and ecstasy to provide you the SILVER JUBILEE EDITION- 'SILVER VISION' of THE MARIAN Family which is a sincere introspection of the great endeavour that started in the year 1986.*

*I am sure that each and every page of this silver souvenir will paint you with the colours of satisfaction, Knowledge, love, compassion, care, unity, toil and hope and will brighten your vision with its silver halo.*

*Each page of it, is a memorable journey as the personal involvement of the Manager, Rev. Fr. Vijay A. Rao in providing all the photographs, designing the cover page and the active involvement of the Principal, Rev. Sr. Sunitha S.D. in selecting and editing all the articles provide a smooth road to stroll.*

*I find this moment very apt to express gratitude to all those who have been and are still part of this great place, as the essence of their emotion spreads the lovely fragrance that energizes everyone around.*

*As we celebrate the Silver Jubilee Year, let's read the wonderful quote of Thomas S. Monson to salute the efforts of Rev. Fathers and Rev. Sisters.*

*"The heights by great men reached and kept  
were not obtained by sudden flight.*

*But they, while their companions slept,  
were toiling upward in the night."*

*Enjoy reading...*

*Warm regards*

*Anuj Sharma*

**Rt. Rev. Francis Kalist**  
Bishop of Meerut



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## *Message*

*Dear Fr. Vijay Rao*

*It gives me joy to know that St. Mary's Academy, Sarsawa is celebrating the silver jubilee of its foundation. It is a special occasion to recall with gratitude God's innumerable blessings allthrough the past 25 years and to pay tribute to all those Managers, Principals & Staff who toiled selflessly for the growth of this institution.*

*St. Mary's Academy, Sarsawa has been providing quality education to the people of Sarsawa and surrounding villages for the past 25 years. I thank and congratulate you, S.D. Sisters & Staff for the great sense of dedication and commitment in the task of forming worthy and responsible citizens through the mission of education.*

*May Mother Mary, the Patroness of the School continue to shower manifold blessings.*

*Yours in Our Lord*

*Francis Kalist*

+ Francis Kalist  
Bishop of Meerut



Rt. Rev. Patrick Nair



Tel. : 0135-2711903  
**ST. FRANCIS' CHURCH**  
16, Convent Road,  
Dehra Dun-248001  
Uttarakhand (India)

## *Message*



Dear Fr. Vijay Rao


25 years in the life of an institution isn't much. But the first 25 years of the institutions are perhaps the most important period of the life. To start an institution is always difficult. Once it is established it is easier to carry it on.

25 years ago the diocese took a decision to buy land and start a school at Sarsawa. The late Fr. Joseph Puthett who was the Manager of St. Mary's Academy, Saharanpur was entrusted with the task of buying the land and constructing the school. It began as a branch of St. Mary's Academy, Saharanpur. When it reached 8th standard the children were expected to go to St. Mary's Academy, Saharanpur for their 9th standard, where extra classrooms had been specially built for them. But this proved impractical and so heeding the request of the parents and people of Sarsawa, St. Mary's became independent and was eventually upgraded to a higher secondary school through the efforts of the late Fr. M.A. Joseph.

We must remember with gratitude all the Fathers, Managers who have tirelessly worked to bring up the school. We must also be grateful to the Sisters of the Destitute for their selfless and dedicated service to continually raise the educational standard of the school.

May Mother Mary, the patroness of the institution intercede with her divine Son to shower abundant blessings on the management, staff and students of St. Mary's Academy, Sarsawa.

Yours sincerely in our Lord

  
Bp. Patrick

# Imbued Greetings...



"My heart leaps with joy, my soul chants a hymn of praise at the very thought of the Silver Jubilee Year".

On the joyous occasion of St. Mary's Academy, I take stock of the strenuous efforts put forth by the managers, principals, staff, PTA and others over the years. I owe a great lot to the selfless service rendered by them. Within the twenty five years of its history, this school has achieved greater heights both in academic excellence and in the integral growth of the students.

As we find decadence of values, atheistic movements and consumeristic culture in the world we live, this school has been and still stands as a beacon of light for many in the path of truth, justice and love. I wish to take this opportunity to thank his Lordship Rt. Rev. Francis Kalist for the support, motivation and blessings that he has showered on this institution. He has always been considerate towards the upliftment of poor and marginalised section of society here. Their integrated growth is a sign of the merit achieved by him.

I whole heartedly express my thanks to the parents who collaborately joined with the management for the total development of our school. Nothing is possible without the principal, teaching and non-teaching staff and students of the institution and I avail myself of this opportunity to congratulate them for their commendable service and academic performance.

The flowers of tomorrow are seen in the seeds of today. This proverb enlightens us and reminds us about the abundant possibilities that are hidden in the life of every child. Education is the process through which the unique talents of every person are unfolded. I am grateful to you my dear children for your response to our call to growth.

Let the souvenir - 'Silver Vision' which you are bringing out on this occasion become a source of inspiration and a reference book for generations to come.

I congratulate the efforts of the editorial board especially Mr. Anuj Sharma for having worked beyond space and time.

May these 'Silver Years' extend to the Golden and to the centenaries to give greater glory to God.

Warm regards

**Fr. Vijay A. Rao**  
Manager





# Voicing Sentiments...

Dear Readers

We feel really glad to provide you the Silver Jubilee edition of the school magazine- Silver Vision. It is certainly a very significant moment for all of us who are witnessing the silver light of the sun embracing the Academy.

This year unfolds the joy that St. Mary's Academy has entered its youth and is all set to achieve the higher objectives and is better empowered to tackle the indomitable challenges; at the same time, all the St. Marians feel imbued to reflect over the efforts put in by the people of the past, who will ever remain present as the fountain of inspiration on the mind and in the heart of all of us.

It gives us immense satisfaction to see our students doing well in all spheres and this magazine stands as a testimony to the fact that St. Mary's Academy is leading the way, in the field of quality education.

It has progressed in the task of imparting education which is not only modern in its approach but also based on the ideals and rich culture of our country.

The Academy endeavours to provide education in the truest sense by training them to face the challenges and complexities of life. Emphasis in the school is laid not only on the academic excellence but also on the overall development.

We feel happy when the bright and talented students perform extraordinarily well. However what gives us satisfaction is when a weak student from a rural background progresses steadily from below average level to a higher level, moving towards excellence.

We assert that it is your faith in us that gives us more energy and zeal to work more effectively and at this historic moment of Silver Jubilee Year, we extend thanks to all of you. We are also immensely grateful to Rt. Rev. Francis Kalist, Rt. Rev. Patrick Nair for their ever ready support and guidance that has enabled this Academy acquire a commendable standard in the vicinity.

I thank my editorial team especially Mr. Anuj Sharma for the great effort and dedication.

Let all of us introspect and read between the famous lines of Robert Frost and start the journey ahead for the glittering Golden Years...

The woods are lovely dark and deep  
But I have promises to keep  
And miles to go before I sleep  
And miles to go before I sleep

Enjoy reading .....

Warm regards

**Sr. Sunitha S.D.**

Principal





## **SISTERS OF THE DESTITUTE, GENERALATE**

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### *Message*



Dear Sr. Sunitha

I am very pleased to know that St. Mary's Academy, Sarsawa has completed its successful 25 years of existence and is releasing the Silver Jubilee edition. On this great occasion, I convey my prayers, good wishes and appreciation to the entire Marian Family.

I feel proud to see the Sisters of the Destitute working hard in the villages to cater to the educational needs of the children and extending efforts for their holistic development.

There cannot be an iota of doubt that a school magazine proves not only to be an open forum for the students to give expression to their inner creative talent and intellectual capability but also a blueprint of all educational, cultural and sports activities on the campus and I know that your school magazine will highlight great endeavours of the Marians.

I wish you all great success ahead.

Yours in our Lord

*Sister Sunitha S.D.*

Sr. Sunitha S.D.  
Superior General

*Sr. Preethy S.D.*  
Provincial Superior



PROVINCIAL SUPERIOR  
Sisters of the Destitute  
Santidham Province  
Mariam Nagar,  
Ghaziabad-201003

## *Message*

"Just as you did it to one of the least of these .... you did it to me."  
(Mt. 25:40)

I am happy to know that you propose to bring out a souvenir of the completion of 25 Glorious years of service. This souvenir unfurls the sweet memories of the past twenty five years of various activities of the school and the creative expression of our students.

Children are the backbone of society, and the future citizens of our country. To work with children is a wonderful experience which gives joy. They need to be moulded and guided to face the challenges of their future life. As an excellent school, St. Mary's Academy Sarsawa has done a tremendous work in directing, orienting and leading the children to the right path to make their lives fruitful and meaningful.

If we look at the present St. Mary's Academy at Sarsawa, is it not the reflection of the hard work, co-operation and vision of many people- the managers and principals, staff and students, benefactors and well wishers. On this occasion I want to congratulate Rev. Fr. Vijay Rao, Sr. Sunitha and the staff for maintaining a very good record of academic, co-curricular and discipline of the school.

Always hold fast your Jubilee Motto "Moulding the future with vision in the service of God and men" and go ahead with firm determination. May God bless you all and keep you under His providential care. Wish you all the best in your endeavours.

Yours in our Lord

*Sr. Preethy S.D.*

Sr. Preethy S.D.  
Provincial Superior



## ST. FRANCIS CHURCH

BHIKANPUR P. O.  
(VIA) MURADNAGAR,  
(DIST), GHAZIABAD  
U.P. PIN - 201 206



### *Message*

Dear Fr. Vijay Rao

I am happy to know that St. Mary's Academy Sarsawa has completed 25 successful years of service in the field of imparting knowledge and character formation to the students.

I do remember the difficulties that I had to face in the first year as a manager of this school. I did not get permission to start class VIth. It was difficult to get admission in our own school.

I do thankfully remember all the previous principals especially Sr. Lisa, Sr. Gita, and Sheena for their hard work to elevate St. Mary's Academy to a higher level.

I pray for Gods choicest blessings on every student and staff of St. Mary's Academy.

Yours in our Lord

Fr. FA. Lawrence

Ph. : (01344) 220381



## ST. MARY'S CONVENT SR. SEC. SCHOOL

(Affiliated to C.B.S.E., New Delhi)

School No. : 08690 • Affiliation No. 2130094

P.O. DHAMPUR-246 761 (DISTT. BIJNOR) U.P.



## *Message*

Dear Fr. Vijay Rao

It is quite heartening to know that St. Mary's Academy, Sarsawa, has reached the milestone of 25 years of service to the people of that area in the field of education. Quality education based on right values enables the students to cope with challenges in life. The school has been imparting this to the students without fail for the last 25 years.

Congratulations and felicitations to the Manager Fr. Vijay Rao, the Staff and the Students!

May God continue to bless its growth in abundance so that the institution may reach out to many more.

With regards

Yours in Jesus

Fr. Carson Thomas

*Sr Lisa S.D.*

St. Mary's School, Kasauli  
Shimla (H.P.) -173204



## *Message*

Dear Fr. Vijay Rao

I am glad to learn that St. Mary's Academy is celebrating the silver jubilee. I am proud to note that St. Mary's Academy has already made a mark in the field of educational apostolate within a span of 25 years. The dedicated services of the staff and the unfailing co-operation of the students are being highly appreciated by the people. I am fully confident that the future performance of this institution will enhance the efficiency and potentialities of the students.

Invoking God's blessing upon the institution and wishing every success on this occasion.

Yours lovingly

Sr. Lisa S.D.

*Sr. Gita S.D.*  
Principal



**Nirmala Higher Secondary School**  
Nazareth, Aluva -1

## *Message*

Greetings !

Silver jubilee celebrations of St. Mary's Academy fills me with joy and wonder. From the humble beginning, St. Mary's Academy has grown into a full fledged higher secondary school and my memories flash back to those days when St. Mary's Academy was struggling through its teething problems. I consider myself fortunate to lead St. Mary's on those days.

On this occasion of silver jubilee my best wishes to St. Mary's Academy for her earnest efforts to build the Indian of the twenty first Century which will be certainly built in the classrooms of our institutions of learning. Of course the investments we make in education – elementary, secondary levels will certainly pave the base to transform our country in the years to come, both quantitatively and qualitatively. I appreciate the considerable progress, St. Mary's Academy has achieved in these 25 years and my sincere congratulations to each and everyone behind this wonderful growth. I do cherish the good memories of St. Mary's Academy – my students, colleagues, parents and good friends at Sarasawa.

Once again my best wishes and prayers to dear St. Mary's Academy – the manager, the principal, staff and students on this silver jubilee.

A handwritten signature in black ink, appearing to be 'Sr. Gita S.D.', written over a thin horizontal line.

Sr. Gita S.D.  
Principal

*Sister Rancy S.D.*



Vicar General & Councilor  
in charge of Education  
Sisters of the destitute,  
Thottumugham  
Aluva, Kerala, 683105

## *Message*

Dear Fr. Vijay Rao,

It gives me great joy to know that St. Mary's Academy is celebrating the silver jubilee and I extend my congratulations and prayerful wishes to the Manger, Principal, Staff and Students.

St. Mary's Academy has shown remarkable progress within the last 25 years and has grown to a full fledged institution from its humble beginning in 1986. The providential care and love of God Almighty, the administrative skill of managers, the visionary leadership of principals, the tireless efforts of the members of the staff, the firm determination of students and the unfailing support of the parents are to be remembered with gratitude. I realize how privileged I was to have had a hand in steering its destiny for two years. I am glad to note that the church has realized the fact that India's soul rests in the villages and had taken creative steps by opening an educational institution to impart education to the children of Sarsawa and the surrounding villages. I do cherish the smiling faces of students, the remarkable team spirit of the members of the staff and the co-operation of the parents. I gratefully recall the timely visit of Rt. Rev. Patrick Nair, the Bishop of Meenut and the encouragement given to us. We ought to remember and pay homage to Late Fr. M.A. Joseph, the manager of the School who toiled hard to construct the new block of the school building.

I wish and pray that St. Mary's Academy may continue to serve the society with greater zeal and fervor making greater strides in the path of progress and be able to produce visionary leaders to bring out remarkable changes in the society.

May the Jubilee Celebrations mark the beginning of a new chapter in the history of the institution and of Sarsawa and let it remain as a beacon radiating the light of wisdom. With great joy may I extend my warm Jubilee greetings and prayerful wishes to the Manager, Rev. Fr. Vijay Rao, the Principal, Sr. Sunitha, staff and students that St. Mary's Academy may be able to contribute much more to the society fostering solidarity, equality and justice.

Yours lovingly

Sr. Rancy S.D.



# Jivodaya Hospital Extension Programme

E - Block Dispensary Jahangirpuri, Delhi - 110033

## *Message*



With heart filled with gratitude and joy I see the marvellous works God has done during these past 25 years in the journey of St. Mary's Academy – Sarsawa . I am very delighted to see the magnificent growth of the school from its humble starting and I am proud of being a part of it.

'The heart of education is the education of the heart.' It is to facilitate the maximum development of the students' unique, creative potential and the realization of the purpose of his/her existence. Here the children are to be helped to interiorise the right values of life.

I congratulate the manager, principal, staff and students of St. Mary's Academy on this noble occasion of the completion of 25 years of the school and wish you an ever brighter future with better success in the field of education.

May Mother Mary help us to move on to be a living sanctuary of knowledge, wisdom and love.

*Sr. Bertilla S.D.*

Sr. Bertilla S.D.

## Sr. Karuna Puthussery S.D.

St. Mary's School, Kandla, Kutch (Distt.)  
Gujarat-370210



## Message

Dear Rev Fr. Vijay Rao,

It is a matter of great joy and pride that St. Mary's Academy, Sarsawa is celebrating the silver jubilee of its foundation this year.

Jubilee celebrations are the occasions to look back to the origin with reverence and gratitude and look forward to the future with a hope and clear vision.

As a person who has been closely associated with this institution for quite some time, I can vouch for the selfless service, the school has always been rendering. I gratefully cherish the memories, of having had a privilege to work under the guidance of the dynamic educationist, Late Rev. Fr. M.A. Joseph, whose clear vision and sheer determination has led to the upcoming of St. Mary's Academy, today. I also acknowledge Rev. Fr. Devasia, Manager, the teachers and other staff at St. Mary's Academy.

At this historic moment I, hitherto, extend my best wishes to the management, Principal, Staff and Students of St. Mary's Academy, Sarsawa. May this school achieve newer heights spreading the light of wisdom and love on its path, realizing its motto, "Moulding the future with vision in the service of God and men".

With best Regards

*Sr. Karuna S.D.*

Sr. Karuna Puthussery S.D.

## St. Jenzy S.D.

Snehalaya Convent  
Gholtir P.O. Nagarasu, Rudra Prayag (Distt.)  
Uttarakhand-246438



## Message

Dear Rev Fr. Vijay Rao,

It gives me great pleasure to know that St. Mary's Academy, Sarsawa, is celebrating its Silver Jubilee this year.

The school has helped the little town of Sarsawa, known for its natural beauty and astute entrepreneurship, to launch many of its sons and daughters to national and international arena of higher studies and business. The people around this school loved and supported this school with a generous heart and the school could help them realize their dreams.

At this historic moment, I wish the best of everything to the management, Principal, Staff and students of St. Mary's Academy, Sarsawa. May this school grow into newer heights spreading the light of wisdom and love on its path, realizing its motto, 'Moulding the future with vision in the service of God and men'.

Wishing a very successful Jubilee Celebration.

Sr. Jenzy S.D.

# CHRONOLOGY OF NAVIGATORS

1986-1989



Rev. Fr. J. Puthett  
(Manager)



Sr. Gracia S.D.  
(Principal)

1993-1997



Rev. Fr. Lawrence  
(Manager)



Sr. Gita S.D.  
(Principal)

1997-1998



Rev. Fr. Stephen



Sr. Lekha S.D.



Rev. Fr. Thomas Carson  
(Manager)



Sr. Gita S.D.  
(Principal)

1989-1991



Rev. Fr. Augustine Alapatt  
(Manager)



Sr. Lisa S.D.  
(Principal)

1998-2000



Lt. Rev. Fr. M.A. Joseph  
(Manager)



Sr. Rancy S.D.  
(Principal)

1991-1993



Rev. Fr. Lawrence  
(Manager)



Sr. Lisa S.D.  
(Principal)

2000-2005



Lt. Rev. Fr. M.A. Joseph  
(Manager)



Sr. Bertilla S.D.  
(Principal)



2005-2007



Lt. Rev. Fr. M.A. Joseph  
(Manager)



Sr. Karuna S.D.  
(Principal)

2010-2011



Rev. Fr. Frederick  
D'souza (Manager)



Rev. Fr. Vijay A. Rao  
(Principal)

2007-2008



Rev. Fr. Devasia P.V.  
(Manager)



Sr. Karuna S.D.  
(Principal)

2011-NOW



Rev. Fr. Vijay A. Rao  
(Manager)



Sr. Sunitha S.D.  
(Principal)

2008-2010



Rev. Fr. Devasia P.V.  
(Manager)



Sr. Jenzy S.D.  
(Principal)

*Success dwells  
in continuous  
strife.*

CHRONOLOGY OF NAVIGATORS



# Reflection of Glittering Years

The year 1986 will always be recorded as one of the most important and memorable years in the history of Sarsawa as it witnessed the inception of convent schooling in its own territory.

Acknowledging to the various requests and the educational needs of the people of Sarsawa who were apprehensive about the better schooling for their children, in the absence of

an English medium school which could cater to the overall development of their wards, St. Mary's Academy was constructed under the patronage of Rt. Rev. Dr. Patrick Nair, Bishop of Meerut and by the great efforts of Late Rev. Fr. Joseph Puthett and Late Rev. Fr. M.A. Joseph (who were then serving as the Manager and the Principal at St. Mary's Academy Saharanpur) in this region. The Academy was started as kindergarten school



under the leadership of the Principal, Rev. Sr. Gracia S.D., Rev. Sr. Lekha and Rev. Fr. Stephen. Thereafter, the Academy was upgraded adding one class, each year with the unfathomable efforts of Rev. Fr. Augustine Alapatt, Rev. Fr. Lawrence, Rev. Fr. Thomas Carzon, Rev. Sr. Lisa S.D., Rev. Sr. Gita S.D. and others.

In the year 1999, under the able leadership of the Principal, Rev. Sr. Rancy S.D., the Academy was upgraded to class VIII. Owing to the pressing demand of the parents to upgrade the Academy to secondary school, the management gave a ready consent to

Late Rev. Father M.A. Joseph and Rev. Sr. Bertilla to get the Academy upgraded. On one hand Late Rev. Fr. M.A. Joseph started the proceedings for the affiliation and on the other hand he began





the construction of new rooms to accommodate the students of classes IX and X.

The Academy got affiliated to the C.B.S.E. Board in the year 2000 and its first ever batch of class X took the Board exams in the year 2002. It is noteworthy that the first batch produced an outstanding and overwhelming 100% result and relieved the parents from the surmounting tension of providing better education to their wards at the secondary level.

In the year 2005, the management was further requested to upgrade the Academy upto senior secondary level and Late Rev. Fr. M.A. Joseph and Sr. Karuna S.D., were directed to work for the upgradation of the Academy upto class XII. This task was accomplished under the patronage of Rt. Rev. Patrick Nair, leadership of the Manager, Rev. Fr. Devasia, Principal, Rev. Sr. Jerzy S.D. and the able guidance and supervision of Late. Rev. Fr. M.A. Joseph.

The class XI was started in the year 2008 and the first ever batch of class XII appeared in the Board exams in the year 2010. This achievement of getting established as the Senior Secondary School provided great relief and satisfaction to the local milieu as the Academy provided not only a second shelter to the children



but a place where the small saplings would receive proper irrigation of knowledge, manuring of care and spading of the various skills to generate the rich harvest beneficial for the society, state, country and the world.

It is worth mentioning that the management provided the whole hearted support and fund to the Manager, Rev. Fr. Devasia who extended special efforts in widening the space of the school by helping in providing the extra land to meet out the sports requirements of the students.

The team effort of the Principal, Rev. Fr. Vijay Anthony Rao, Manager, Rev. Fr. Frederick D' Souza and Rev. Sr. Sunitha S.D. received high applause in the year 2010, when soon after their joining the Academy, the institution started experiencing wonderful changes and pleasant surprises. Untill their arrival, all the co-curricular activities such as sports, cultural programmes were





organized for the school students only; but, under their kind guidance and leadership, the Academy for the first time held an Inter- School Cultural Meet. Many schools including St. Mary's Academy, Saharanpur, Sophia Girl's High School (E.M.), Sophia Girl's High School (H.M.), Sacred Heart, Jagadhari, Central school etc., took part in the event. The 'Science- cum- Craft Exhibition' and 'Silver-Fest' were organized which registered huge participation and received great appreciation from all the corners of the area.

The digitalized Smart Classes were started in the same year to provide the excellent course content designed by the Faculty professionals across the globe. This definitely serves as one of the revolutionized and effective medium of imparting the conceptual knowledge to the students.

The different Scholastic and Co- Scholastic Clubs were formed to help the students know and realize their inner talents and abilities, in order to work upon not only on their areas of interest but also understand the areas for which they possess special ability and skill.

The mode of imparting education is now not only limited to the school teachers but professionals also. They are regularly invited to guide and train the budding leaders in the different fields.

In the current year 2011, Rev. Fr. Vijay Anthony Rao is serving as the Manager and Rev.Sr. Sunitha S.D. is serving as the Principal. The construction of the first and the second floor of the





**New** block has been completed by Rev. Father

Vijay A. Rao who works endlessly and whose mantra is "Extend honest, sincere and continuous efforts to reach the goal." Another aspect which makes him the administrator with a difference is that each and every addition, alteration and innovation bears on it the stamp of Rev. Father's aesthetic and artistic taste. He takes care of the minutest details very meticulously and unless the thing is to his satisfaction, he does not leave the matter.

The school's new gate and the beautiful arch above it; the holy shrine of Mother Mary at the school's entrance to bless every visitor; the modified reception and office; the use of new audio-visual aids; the use of specific dress codes on specific days, the credit of all these distinctive achievements of the institution goes to Rev. Fr. Vijay Anthony Rao who is the fountain of inspiration and motivation for the staff and the students with personal involvement.

Rev. Sr. Sunitha S.D. has turned all her staff members computer savvy. She has started 'On-line' and 'Off-line' mode of recording the Continuous and Comprehensive Evaluation at school. For this task,

she has trained all the faculty members to feed and retain data in the computer. Public relation has always been her asset. She excels in interacting with people. She is so amiable that anyone who comes within her spiritual magnetic field is won over for the rest of life. She has the guts and grit to face the challenges and possesses the nerves of steel. She also teaches everyone how one can remain calm and at peace while being engaged with the most exhaustive task.

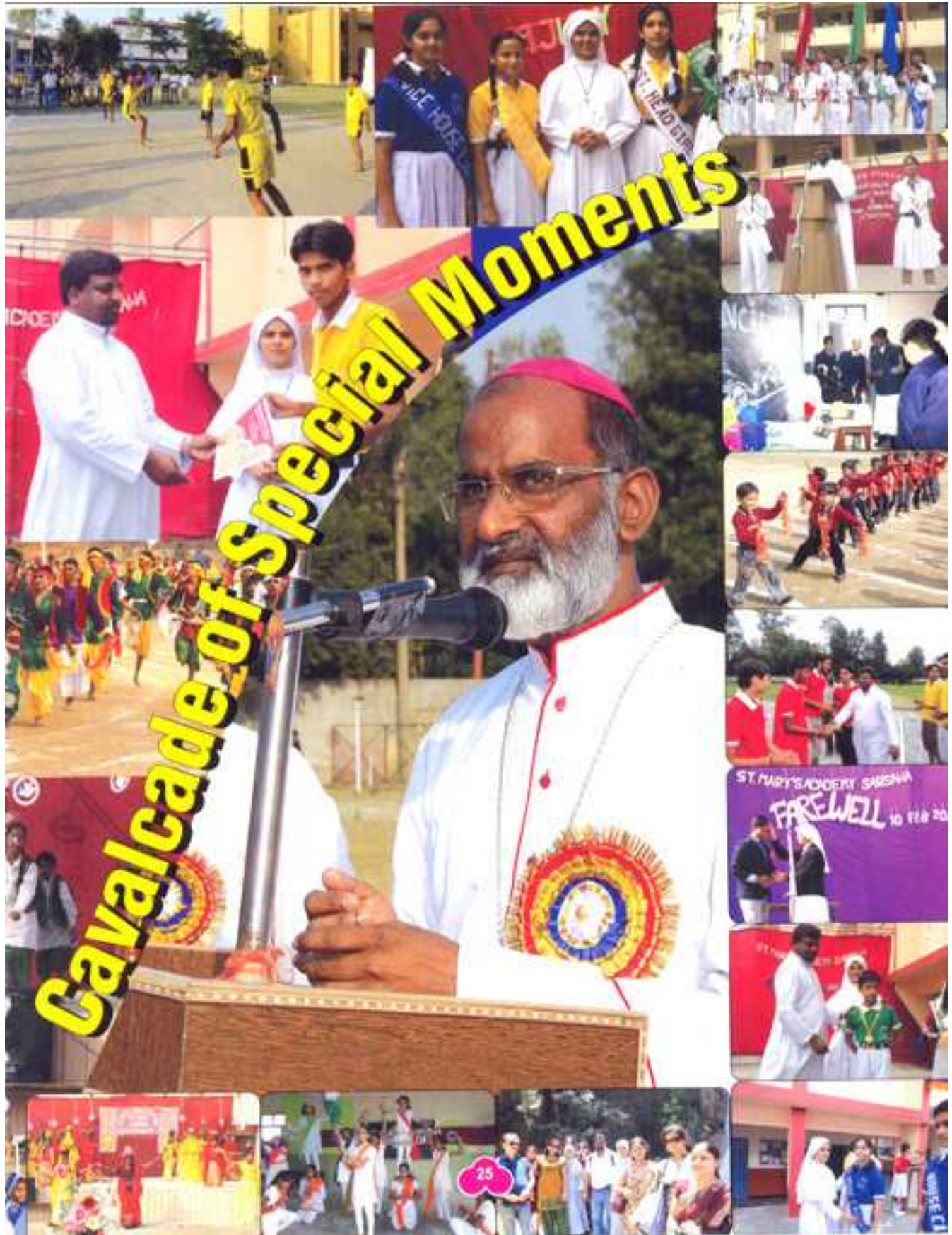
This Silver Jubilee Year would provide a new staff-room, new labs, new multi-media room, new dance room, new music room and new Art & Craft studio to everyone who is a St. Marian and will join this great educational temple.

It is true that if the infrastructure is the body of the school; then, the administrators are its soul and the Academy is blessed to have the divine souls in the past and at the present also who continue to teach us-If you want to fly high, don't be afraid of the storms.....

**Anuj Sharma**







# Inauguration of Silver Jubilee Year and Annual Investiture Ceremony



**S**t. Marain culture motivates students in different aspects. It was a pleasant morning of 14 Aug. 2010 for great function to take place. The function held was dual solemn occasion of the inauguration of the Silver Jubilee Year of the school and the annual investiture ceremony.

The manager of the school, Rev. Fr. Frederick D'souza was the chief guest of the day. The function was started with the lighting of the lamp proceeded with a prayer dance and investiture ceremony. This programme was followed by the inauguration of the silver jubilee year. On this joyous occasion, various cultural programmes were presented by our school students in wonderful dresses and through energetic dances which included Marathi folk dance, semi classical dance and hip-hop performance by boys which were really wonderful.

The investiture ceremony was also solemnized on the same day and the selected students' council was conferred with the badges and the sashes by the chief guest. The oath was administered by Rev. Fr. Manager and the students' council was appealed to abide by their duties religiously. Rev. Fr. Manager brightened the occasion with his golden words of encouragement. In his speech he compared the students with small children and the school as equal to the mother who teaches her children for better future. He encouraged and motivated the students to take pride in being a part of the institution and to work hard and bring good name to the school.

In the culmination, our Principal, Rev. Fr. Vijay Rao gave vote of thanks appreciating the hard work done by everyone and expressed his hope for a better performance in future.

The names of the students who took charge as the office bearers were:-

Anshul	XI-A (Headboy)
Simran Kour	X-B(Headgirl)
Deepak Tomar	X-A (Asst. Head Boy)
Ira	XI-B (Asst. Head Girl)

## CBSE Cluster III Volley Ball Championship 2010

CBSE Cluster III Volley Ball Championship 2010 was held at National Public School, Ghaziabad from 25 Oct. 2010 to 28 Oct. 2010. The CBSE Secretary presided as the chief guest and inaugurated the function. Around 98 schools participated in this event.

A special introductory function was solemnized on 25 Oct. 2010 at 8:00 a.m. in which the prayer dance and other cultural items were presented. It is worth mentioning that on the same day, St. Mary's Academy was declared as the best team which was allotted bye and directly promoted to the second round to play with the Renaissance School, D.M. Colony, BSR. Our students willfully took the challenge and proved their mettle by winning the match with the commendable points- 25-22, 25-20, 22-17.

The other match was played with Dayawati Modi Academy, Modipuram, Meerut and the Academy won keeping with the rocking points- 25-23, 25-18, 25-19. In the next match with Sant Asha Ram Bapu Public School, Agra, our school again won the match with the better points- 25-18, 25-15, 25-20. In pool the boys category, our Academy played with Deewan Public School, Hapur and won the overall match with the historical points- 25-16. This victory indeed added another feather to the already proud cap of St. Mary's Academy.



## Bidding Adieu to the outgoing students....

A special Farewell was organized for the outgoing students of the Class XII batch of 2009-2010 on 10<sup>th</sup> Feb. 2011.

The holy mass for the better result and prosperous life of the students was solemnized in the St. Mary's Church in which Rev. Father Vijay A. Rao prayed for the blooming life of the students who were preparing for the board exams. The students also lit the candles and prayed together for each other. After that a special programme was put up on stage to honour and commemorate the lovely days spent by the budding leaders in the holy ambience of the Academy. The entire Marian Family had tears in eyes because of the feeling of parting and smile on face to encourage the buddies to meet the challenges of life boldly. Rev. Father Vijay Rao and Rev. Sister Sunitha blessed each student and gave them the token of affection.





The Annual Athletics Meet and P.T. Display were celebrated with great pomp and show on the campus of St. Mary's Academy, Sarsawa on 3 Nov. 2010. It was an exciting inter - house competition of various track and field activities. The school campus was filled with the divine fragrance at the arrival of most reverend Bishop of the Meerut Diocese, Rt. Rev. Francis Kalist as the chief guest.

After enlightening the lamp, the function progressed with the prayer dance, 'Samarpan' through which the prayers were offered to the Almighty. Then, the school sport's flag was majestically unfurled by the chief guest.

Discipline was explicit in the march past conducted by the students. The office bearers then took Oath and enlightened the blazing spirit by lighting the lamp which was followed by the Mass P.T. The famous saying, 'Unity is Strength' was proven by our guys through the wonderful formation of 'S.M.A. 2010' to welcome the guests.

The heart-beat of the spectators took its pace on watching the 100mts. relay race of boys and girls and the action song of the tiny-tots turned their hands to clap and their feet to tap. The meticulous performance of the Yogasanas by the students was largely applauded. The display of the Kamal pad asana captivated everybody present around. The Formation drill by the toddlers of class 1st, Aerobics performance by the boys of classes 6<sup>th</sup> to 10<sup>th</sup> was a wonderful spectacle to everyone. The Bhangra and the Gidda turned on everybody to dance.

At the culmination, the prizes were given to the participants and the winners. The 'Best Athlete Boy' title was won by Abhishek Rathi of Yellow House and the 'Best Athlete Girl' title was won by Akanksha Choudhary of Blue House. Gandhi House emerged as victorious.

In his presidential address, the most reverend Bishop invoked many social, spiritual and educational thoughts amongst all. The grand jubilant occasion concluded with the furling of the St. Mary's Sport's flag by the manager, Rev. Fr. Frederick D'souza.

It is noteworthy that the welcome address and the vote of thanks were addressed by Rev. Fr. Vijay Anthony Rao. The function was a treat to the eyes.



Annual Athletics Meet And P.T. Display 3 Nov. 2010



## Creative Hands at Work ... on Exhibition

The students of St. Mary's Academy got a golden opportunity to exhibit their talents to people around in the form of an exhibition which was held at the school premises on ..... The students participated whole heartedly in it to make it a grand success. Different areas were allotted for science, social science, and art and craft exhibition. The whole corridor bore a festive look and the rooms ear marked were buzzing with activities. There was lot of excitement in the air. The exhibition brought to the fore, the various skills and talents that the students had honed over the years. Most of the models were made in class as group activity and preparations for which had begun days in advance.

All the exhibits were well received and appreciated by one and all. The school principal and teachers were commended for their support and guidance. Praises showered motivated them to do even better the next time. This pioneer effort not only brought laurels and a great name to the school but also inspired the students to strive for even better display the next time. They forgot their toil and suffering but had smiles on their faces when at last their hard work was well received by one and all.





## APPRECIATION OF THE BEHIND THE SCENE WORKERS

1<sup>st</sup> May being the day which is internationally celebrated as the Labour's Day, stands as a great opportunity whereby the tireless effort of the supporting staff is appreciated and accordingly rewarded.

In our school, Labour's Day was celebrated with a lot of fervour and enthusiasm at the initiative of the school management. On this occasion, under the guidance of the school management, the teachers and the students came together and put up a bonanza worth for the people who help each of the marians in various ways, though unseen but of much significance.

The guests of honour for the event, the laborious workers were cordially invited and escorted to their seats by the student representatives.

The cultural items that gripped everybody's attention were dances, songs, poems, skits and speeches prepared by the students as a gesture of thanks for the help received from this ever so helpful staff. Every presentation by the students brought happiness to the guests and they appreciated their efforts. When the guest representative came up on the stage to share his feelings regarding the celebration; then his few but priceless words and expressions spoke volumes on what was at the moment felt by each of the guests. He shared his experiences and thanked everyone on behalf of all his team mates.

Their heartfelt happiness was well explicit on their faces and the same was well reflected on the faces of the hosts as a sign of satisfaction for the work well done.





## Reviving Spirits

There are many ways in which we can entertain ourselves. Picnic is one of the best ways to entertain, refresh and boost ourselves, whereby we can sit, enjoy, eat and share togetherness. And there after as we return to our normal routine life, we feel light hearted and happy at mind.

So, for the same purpose our school management planned a picnic for the school teachers to the **Queen of Hills, MUSSORIE, on 7<sup>th</sup> May, 2011.**

We started early morning from Sarsawa. On the way we played Antakshri and shared self-made different types of food items especially of different states amidst ourselves. It was awesome experience for us, which brought each of us closer and helped us mingle with each other. After the journey of 4 hours, we reached Kempty Fall, and the scene that welcomed us was pleasing with an ambience much cool even in the mid of May. As we got down nearer to the fall, the heart touching and pleasant, environment thrilled us taking our breath away.

Every one looked much cool, calm, relaxed and remembered the days of their childhood. We shopped a lot and some even took bath in the chilled water of the fall, playing with water and splashing the same on each other.

From there, we proceeded to Mussorie, to its famous Mall road. As expected, it was full of tourists and their hustle-bustle. We spent some time over there strolling, shopping etc and some even went up to the Gun hill via Ropeway. As the sun started setting down for the day, we started back to Saharanpur. It was a great experience for us. Thereby, we were able to share our feelings, emotions with each other and felt relaxed from the exhausted schedule of school and generated positive energies in us, which we surely believe shall help us in the days and tasks to come.





## Silver Jubilee Sports Meet

Sports has a prominent position in the field of education. According to Bob Hope, 'If you watch a game, its fun. If you play it, its recreation. If you work at it, its gold'. The idea of sports and games is to encourage students to gain the excellence of the body and the mind and also to help foster a spirit of healthy competition.



'Silver Jubilee Sports Meet' was organized by St. Mary's Academy, Sarsawa for two days (9 May 2011-10 May 2011) as a part of its silver jubilee year celebrations on the campus. The opening of the sports meet was declared by the chief guest Mr. Parashar, S.H.O., Sarsawa on the first day and the closing of the meet was declared by the chief guest, Sh. Vijender Saini, Chairman, Municipal Board on the second day.



In order to make this Sports Meet an inter- state event, the schools from Uttar Pradesh and Haryana were invited. This meet chiefly featured two events- Volley Ball match for the boys and the Badminton match for the girls.

In the Volley Ball match, St. Mary's Academy won the overall match and the second place was attained by National Public School, Yamunanagar; whereas the third position was secured by the Air Force School, Sarsawa. The host school achieved the third rank in the Badminton match, whereas the second rank was attained by the Pinewood School, Saharanpur and the first position was achieved by the Air Force School, Sarsawa.



The schools that provided a tough competition to the host school were Air Force School, Pinewood school, Lord Mahavira School, Gyan Kalash and National Public School (Yamunanagar). The confidence and the beaming smile of the winners to the victory podium conveyed the message of many potential sportsmen at the St. Mary's playground.

To aggrandize the cultural fervour, the welcome dance was presented by the school students which was followed by the other pepping folk dances and the western dance.

It was indeed the first ever Inter- State Sports Meet organized under the able leadership of the Manager, Rev. Fr. Vijay Anthony Rao and the Principal, Rev. Sr. Sunitha S.D.



## Investiture Ceremony-2011

The institution has been putting earnest efforts to form the STUDENTS' COUNCIL every year. This noble gesture was initiated this year also in the month of August, calling nominations for the various posts of students' council. The two nominees for each post were selected. The students' council comprised of Head Boy and Head Girl, Asst. Head Boy and Asst. Head Girl, Red House Captain (boy and girl), Vice Red House Captain (boy and girl), Green House Captain (boy and girl), Vice Green House Captain (boy and girl), Blue House Captain (boy and girl), Vice Blue House Captain (boy and girl), Yellow House Captain (boy and girl) and Vice Yellow House Captain (boy and girl).

With the consent of Rev. Fr. Vijay A. Rao, the Manager, the INVESTITURE CEREMONY was conducted on 9<sup>th</sup> July 2011. The function began with a welcome address and a small introduction by the anchor. It was then followed by the lighting of the lamp by Rev. Fr. Manager, Rev. Sr. Principal, parent representatives and teacher representatives. Thereafter a prayer dance invoking God's blessings was performed. It was then in a very befitting manner, the badges were pinned and sashes were conferred to the members. In the flag receiving ceremony, the Head Boy, Head Girl, the House Captains and Vice Captains received the school flag and house flags respectively,

The Oath was administered by Rev. Fr. Manager, in a very solemn manner. This was followed by his inspiring speech, through which he insisted the students to try to be role models and take up responsibilities in the right perspective. He further proposed that the virtues of a good leader include honesty, integrity, fairness and responsibility. In addition, he encouraged them to try to lead by example, stating that a true leader always does so. Eventually Rev. Sr. Sunitha encouraged the selected leaders with her pepping verbal address and the ceremony came to an end with the vote of thanks proposed by the Head Boy.

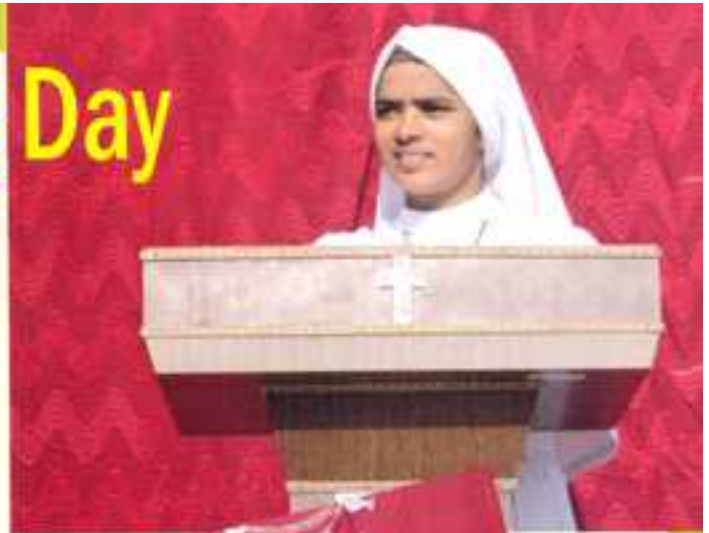
The office bearers for the academic year 2011-12 are as follows:

Head Boy	-	Abhishek Jain
Head Girl	-	Kanika Kashyap
Asst. Head Boy	-	Anmol Gupta
Asst. Head Girl	-	Priyal Juneja
Green House Captains	-	Shubham Choudhary Shruti Singhal
Red House Captains	-	Sagar Choudhary Gabby Saroha
Blue House Captains	-	Rishabh Jain Akansha Choudhary
Yellow House Captains	-	Cyril Topno Ayushi Choudhary.

# Principal's Day

St. Mary's Academy Sarsawa has a tradition of celebrating many important functions annually. Out of such functions is Principal's Day which is celebrated spiritually and emotionally by the St. Marian family members every year.

On 30th July 2011, St. Marians showed their respect and affection to the Principal, Rev. Sr. Sunitha by extending their greetings and displaying wonderful stage performances to celebrate the special day. Though, this manifestation was not even a fraction of one percent of her holy services and contribution towards the growth of this academy, yet this was an expression of the great respect and gratitude to her. With humble smile and loving heart our honourable Principal, Rev. Sr. Sunitha acknowledged the affection expressed to her by the teachers and students of the Academy. Like water surging out of the dam children circumambulated before her expressing wishes and exchanged love and affection with her.



# Independence Day



India's independence was a great landmark in the history of our republic. It is being celebrated with great enthusiasm every year in our school.

From the very morning students were filled with great joy and enthusiasm. Few of the responsible students were engaged in house board decoration with the house captains and house in charges. The house boards were decorated with tricolor flags, picture of Bharatmata, great leaders, slogans etc. Beautifully decorated house board were the source of special attention for every one.

Although the rain caused many changes in the format of the celebration still the function were held in a changed mode under the presidency of Rev. Fr Vijay Rao (manager) and Rev. Sr. Sunitha (principal).

The function started with the assembly of the classes for the flag hosting in the ground. The flag was hosted by Rev. manager Vijay Rao, followed by the national anthem with drum beat filled the heart of everyone with great joy and enthusiasm.

Fr. Manager gave a short but inspiring speech highlighting the contribution of the great leader of the Nation. He urged the student to be the better citizens of the nation. The speech was followed by the patriotic slogans which were articulated by the teachers and the students.

Then there was inter house patriotic dance and skit competition. Students were beautifully dressed in colorful clothes. Their performance was fabulous. Dance competition was won by blue house and yellow house and skit competition was won by blue house.

Finally sweets were distributed among the students and the great celebration program came to an end.



# MENTORS FELICITATED



*"Mother gives us birth; teachers give us worth."*

The beautiful day of 5<sup>th</sup> September 2011 brought with it a lovely dawn, followed by a pleasant early morning breeze. But the beauty that excelled all was in the shining bright eyes of the Marians as they bustled around in the school campus preparing for the once a year chance they get for exhibiting their love, affection and respect towards their teachers in varied forms.

So for the same, they welcomed each teacher in traditional Indian gesture by putting "Teeka".

Once seated the teachers found themselves stuck to their seats, for all the performances by the tiny tots to the bigger stars were splendid. Each performance left the teachers mesmerized and they clapped endlessly. The talented Marians with superb determination made sure that each dance commanded applause, each song generated thrill and each word uttered be thankfully blessed. Further, the token of love presented by the management and the students to the teachers made each thankful lip to curl in a sweet smile.

Later, the teachers were further honoured by the management and were offered lunch.

Finally, the day full of wishes, thanking, receiving respect and affection in various forms made the teachers feel much wanted, loved, respected and yes satisfied with the effort well extended. The message displayed by the students at the backdrop which was largely appreciated was :

*"Teacher is a burning candle : so it consumes itself to illuminate others."*



# GANDHI JAYANTI CELEBRATED



To commemorate the birthday of the father of our nation, a special celebration was held on 2nd Oct. 2011 that included excellent performances by the students. Apart from all the performances, the MARIANS offered tribute to Gandhiji in a far more innovative manner and for the same, the students participated in the **SHARAM DAAN**, an activity which was substantially supported by Gandhiji.

The celebration was not only appreciated by the Principal and the Manager but was also applauded by the parents and other stakeholders.



## Competing with University Seeds

St. Mary's accepted the challenge to face the Engineering college students at Shobhit Institute of Engineering Technology at Gangoh on 1st and 2nd Oct. 2011.

Our guiding lamp, the Manager, Rev. Fr. Vijay A. Rao had given his consent and extended full support to take our students to play against the University students. Our Principal, Rev. Sr. Sunitha took the initiative for the same. Both of the leaders motivated students by their presence with the dance team and along with the team co-ordinators - Mrs. Lalita Joshi and Mrs. Veena Katiyal.

Our Academy participated in sports events too with four teams under the able guidance of the team Coach, Mr. Devinder Kumar and the team co-ordinators Mr. Rocky and Mrs. Padmasree. The teams included Basket Ball team and Volley Ball team of boys and Throw Ball Team and Badminton Team of girls.

The function started at 10 a.m. which was presided over by Babu Vijayender.

Our all teams could reach semifinals successfully. The students really enjoyed the exposure. Throw ball girls won the trophy which added another silver feather to the proud cap of our Academy.



# CHILDREN'S DAY

Children's day in India is celebrated on Pandit Nehru's birth day, as a day of fun and frolic, a celebration of childhood, children and Nehruji's love for them.

As a tribute to this great man and his love for the children, his birthday was celebrated in our school campus on 14 Nov.

First of all, Assembly was conducted by the group of teachers. Further the function proceeded with some activities, which were also performed by the teachers and it was a great experience for the teachers and as well as for the children.

It was the time of great applause in the premises, when students saw their teachers on the stage in the get up of students, as they were performing their parts in the skits. At last, a choir group of teachers performed a special song giving the moral values of life and the function reached its end with the wishing song, sung by the group of teachers.







## Manger's Day Celebration



**M**anager's day was celebrated in the school on 19<sup>th</sup> Nov 2011. The students were looking forward to the day for a long time. The morning was bright and the weather was pleasant, cool breeze was blowing and there was lot of excitement in the air. Everybody wanted to make the day special and memorable for Rev. Father Vijay Anthony Rao. The whole school wore a festive look. The variety entertainment programme began with invocation to god which was followed by the Principal's speech highlighting father's achievements and contribution towards the upliftment of the school. In the program there were folk dances, dramas and a few hip-hop performances. The participants were decked up for the occasion and each was trying to outdo the other. The teacher's too weren't far behind as they sang and performed short skits. Every performance was scintillating. There was a lot of enthusiasm on the school campus. At the end, Rev. Father Vijay Rao addressed the gathering and thanked everybody for making the day special for him.





# RELEASING PRESSURE

To provide recreation and to help the students escape the pressure of studies for a while, the school organized a picnic for the students of the school. The students of class I to III were taken to DAK PATHAR on 3rd Dec. 2011, the students of class IV to V were taken to Chandigarh on 4th Dec. 2011 and the students of class VI to XII were taken to Mussorie on 5th Dec. 2011. Under the supervision of the management and teachers, the trip proved to be a great success as it gave healthy recreation to the children, which would surely help them. In all these excursions, the children enjoyed a lot.

Chandigarh, the city of planned greenery and discipline influenced the children a lot in the manner of etiquettes and discipline. They went to famous Sukhna Lake, Rock Garden and beautiful Yagvendra Garden in Pinjore which were largely appreciated by them.

The same refreshing sensation was experienced by the senior students as well. The children who went to Mussorie, enjoyed a lot in the chilled water of the fall defying the chill of November and shopped there for their friends, siblings, and parents.

They visited the Mall road which was highly appreciated by the children, as it was full of bustling youngsters. While returning to Saharanpur on the way, the Group stopped at the Buddha Temple in Clement town of Dehradun. This journey break provided a great experience of peace, divinity, and purity. By the time, the sun had set down, everybody reached home. It was a great experience for the students as well as for teachers as they got a priceless opportunity to come together, understand and appreciate each other in a special environment.



# Art & Science Exhibition 2011

In order to provide a platform to the budding artists and scientists, an art cum science exhibition was organised on the campus of the Academy on 10th Dec. 2011. To boost the morale of the students, the parents were invited to see the skill and the creativity of their wards which was well explicit in the working and non-working models displayed by them.

In his special address, the school's Manager, Rev. Fr. Vijay A. Rao affirmed that such exhibitions not only generate the scientific outlook of the students but also provide them the opportunity to use their creative mind in innovating something new and productive. It is note worthy that all the exhibits received special applause from all the spectators.



# CHRISTMAS CARNIVAL



The Christmas pageant brought the Marians together teaching each love and granting each peace on 22nd Dec, 2011. The tiny tots exclaimed with joy when the Santa Claus entered the grounds finally giving away sweets and gifts. The efforts of the students and teachers helped, blessed and enlightened everyone present on the occasion.

The celebration started with the encouraging words from the Principal, Rev. Sr. Sunitha and concluded with the blessings from the Manager – Rev. Fr. Vijay Rao who prayed for the well being and future prosperity of everybody.

It is noteworthy that a special Christmas Carnival was also organized on the campus in which the students and the teachers put up special stalls of eatables, games, music and discotheque. The Inter- House Carol Singing Competition and Crib- Making Competition added wonderful colours to the day. This bonanza not only enthralled the students but also the parents, guardians who enjoyed this exclusive celebration till evening and carried pleasant memories with them.



# SILVER JUBILEE EXTRAVAGANZA...

Welcoming



To commemorate the 25 years of excellent service in the field of education, St. Mary's Academy organized the Silver Jubilee Extravaganza on 21 Oct. 2011 on the school campus. The chief Guest of the occasion was His lordship, Rt. Rev. Francis Kalist and the Guest of Honours were His Lordship, Rt. Rev. Patrick Nair and Group Commander Bhanu Johri. It is noteworthy that among the other dignitaries were Mother Preethy S.D., Provincial Superior of S.D. Shantidham Province, the ex-managers, the ex-principals, the principals and teachers of different schools, parents and the guardians.

In the morning the new block was inaugurated by His lordship Rt. Rev. Francis Kalist in a spiritual way and thereafter Thanks Giving mass was organized at the St. Mary's Church situated

on the campus.

The programme started with the lighting of the lamp and was followed by the prayer dance and the welcome song by the students. In the welcome song the students not only welcomed the guests but also sang a cheering jubilee song.

The teachers also presented a special song - GYAN KE DEEP in which they sang the desire and dream of the management and teachers for the students. Apart this, an enlightening skit was also staged through which the students conveyed the message that 'Greed is the cause of the ruin of people and should be discouraged.

A detailed power point presentation on the School Report, prepared by the school Principal, Rev. Sister Sunitha was projected on screen that turned everybody nostalgic. A special Silver Jubilee choregraphy play was presented by the school students in which God shows the universe and the world to the child and through his angel shows the India and its great culture. This performance was a treat to the eyes of the spectators.

It is worth mentioning that the ex-managers, ex-principals and the special guests were felicitated with the token of reverence and sha

Thanking



**ST. MARY'S ACADEMY SARSAWA**  
SILVER JUBILEE BLOCK  
(1986 - 2011)  
BLESSED AND INAUGURATED  
BY  
RT. REV. FRANCIS KALIST D.D  
(Bishop of Meerut)  
Dated: 21<sup>st</sup> October 2011



Passage to the Extravaganza Ambience



Three Staged Podium





Honoring Rt. Rev. Bhasanand

Escorting Rt. Rev. Francis Kallat

Blessed Gathering

Source of Inspiration

Special Enlightening



**FLORAL WELCOME**



Minstrelling Silver Jubilee Song

Gyaan Ke Deep- Musical Tribute





**Felicitation of the Special Guests**



**Awarding the Pupils**







Words of Encouragement



Releasing Silver Jubilee Edition



Words of Wisdom



Bengali & Bihu Dance



Uttarakhand & U.P. Dance



Haryanvi & Rajasthan Dance



Kashmiri & Bhangra Dance



Bihu & Bhangra Dance



**Anchors of the Silver Evening**



**Enacting a Play**



**Our stars and flowers**



**Tamil Nadu & Kerala Dance**



**Goa & Maharashtra Dance**



**Gujarati & Marwari Dance**

## IT IS GOD IN US

It is only within us, who is good or beautiful,  
We are nothing without His presence inside.  
It is His love we have, His joy,  
His words are what we speak or write.

We are nothing without Him  
So cannot boast, or praise ourselves,  
Or be prideful by telling another any unkind  
Thoughts we might have felt.

We are who we are, only by knowing  
God's own words, He wrote then for us all  
To love and ponder on,  
His words alone will make us whole.  
God is pleased when we encourage each other  
And give thanks for His love in another's life,  
Uplifting and blessing another  
Leads us all into His light.



**Sr. Jesmy**

Whether we create, paint, sing or write,  
We are here to pray, love  
And support one another,  
And to think of others first then ourselves,  
For we live only, because of GOD in us.

## EAT, DRINK AND BE HEALTHY



**Rashmi Singh**

On the shop shelves in canteens and most importantly at our homes, a quiet revolution is taking place. We are eating healthier and are avoiding foods that lead to obesity and illness.

The signs of a profound shift in our shopping and eating habits are growing apace. Evidence of a decisive move away from a fatty sugary diet has abounded. The latest sales figures from a string of fast food manufacturer reveal a dramatic slump.

Market research shows that a sharp divide has opened up between the sales of healthy and unhealthy foods. In a new initiative, government advisers have recommended that chocolates, sweets and fizzy drinks should be outlawed from all schools, tuck shops and vending machines; instead the schools should stock up fruits, yoghurts and healthier foods to avoid childhood obesity spiraling out of control.

The consumer attitude to food survey of 3,000 Britons, paints pictures of rising consumption of fresh produce, more home cooking and a return to family meals. For more people are totally avoiding ready meals, which tend to be loaded with salt, fat, sugar and additives. Fourteen million adults now claim never to eat them- a leap of 65 percent in a year.

It is, however, too early to say whether the changes will improve health. A recent survey showed that obesity had risen to affect one in seven children. But the healthy eating drive does emphatically appear to be underway.

## KINDNESS : It does make a difference



**Lalita Joshi**

Let me tell you a story which I read recently -

A young boy was walking along the beach at dawn. The beach was scattered with shells, sea-weeds and starfishes. As the boy walked along the beach, he picked up a starfish and threw it back into the sea. An old man who had been watching the boy, asked him, "What are you doing?" "I am throwing the starfishes back into the sea," answered the boy. "But, why do you do that?", questioned the old man. "The tide is going out, and the sun is rising. If left out in the midday sun, they would surely dry up and die. I am saving their lives," answered the boy. "But my dear son", said the old man, "the beach stretches on for miles, and there are millions

of starfishes. How can your effort possibly make any difference?" The boy smiled. He looked thoughtfully at the starfish in his hand and said, "It makes difference to this one". (Adapted from the children's magazine).

Has anyone of us ever done this on getting out of an auto rickshaw, telling the taxi driver that he has done a superb job of driving, as it is really difficult to keep ones cool in the heavy traffic, and then thanked him for his commendable service?

Most of us might just feel that this is a useless and wasteful exercise. I would like you to stop and think.

1. Is there any loss in uttering these words?
2. Has it become so painful for us to make others happy?
3. Have we grown so impersonal and indifferent?

This effort of being kind, gentle appreciative and human to others shall bring back love and make the world a better place, which is otherwise, filled with hatred and violence.

Now, take the example of this taxi driver who is appreciated and thanked, his day is made, he will naturally be nice to the other passengers. Those people in turn will be kinder to others, whom they deal with, and this chain would carry on. Eventually, the goodwill would spread to at least a few hundred people. The chain might get broken somewhere; but there is no harm in trying. Your gentleness, kindness, chivalry and concern can change the attitude of the people around you. This way, we would benefit ourselves, our society and mankind. The impact of kindness is reflected in our behaviour, work and outlook towards others.

So don't delay any further, it is the easiest way to make life a lovely journey. It does make a difference.

## LEFT HANDERS ARE DIFFERENT

- Bush Senior and Bill Clinton, both the Ex-Presidents of America are left handers.
- Great scientist Albert Einstein was a lefty.
- Superstar Amitabh Bachan is a lefty.
- Great football player Maradona is a lefty.
- Great cricket player - Saurav Ganguly, Lara and Waseem Akram are lefties.
- Many tennis stars like Jimmy Connors, Martina and Monika Salach are lefties.
- Charlie Chaplain, Marlin Munro, Nikol Kidman and Julia Roberts are lefties.



**Madhu**

# TIME



Hello! I am Time. I have seen the past. I am living in present and I know the future of every one and also, I am running very fast for those who care for me.  
I don't give response to lazy, sleepy and dull one.  
In my sight, all are equal in the world.  
I love each and everyone in the same manner. I give the same opportunity to everybody.



**Mirza Gulzar Beg**

The winners accept it and work hard to enjoy the whole life. But the losers do not work hard and miss the opportunity.

So my dear readers, work hard now and enjoy the whole life; or enjoy now and work hard the whole life. Choice is in your hand, whether you accept it or lose it, as life is yours.

## WOMAN'S LIFE



**Meenakshi**

A girl lives her life for others,  
But her feelings, no one bothers.  
When a girl takes birth,  
It is said a burden on earth.  
At first she becomes a daughter,  
Growing up, she waits for slaughter.  
Now she has a bounded life,  
The moment, she becomes a wife.  
In new house, she is treated as a maid servant,  
In all crucial matters she is forced to remain absent.  
She serves at first the house of her father,  
Then, serves mainly her in-law-mother.  
That mother-in-law she always respects,  
who exploits her in all aspects.  
She can't express her any desire,  
For that, she will be burnt on fire.  
This is the story of a woman stooping  
Under the burden she has to retire.

## MOST IMPORTANT WORDS



**Anuradha Oberoi**

The six most important words are  
"I admit I made a mistake"  
The five most important words are  
"You did a good job"  
The four most important words are  
"What is your opinion?"  
The three most important words are  
"If you please"  
The two most important words are  
"Thank you"  
The least important word is  
"I"



Neetu Poonia

## THE YOUTH THAT SPARKED

Dead is the heart and deserves to be buried that does not burn and yearn for justice, when hundreds of people fret and fume for the sake of millions! But what I witnessed was all together astonishing yet pleasing. The way the youth of the country came forward in the fight against corruption was indeed sweeter than any honey accumulated from the brightest flowers. They sat like the meditating saints and roared like the indignant lion. Under the able guidance of cool as a sea yet riveting revolutionary social activist, the youth staged protest against the dark corrupt leaders and bureaucrats of the country and stressed on the

information of strict laws against such people. It was not only their physical presence that mattered but showing support through e-mails also got the youth together.

We, the teachers, are at times a little apprehensive about the power of the youth and take their pranks and other mischief's too seriously. We claim that a particular student would come out moron and a burden on the society. I feel that there is an imminent need for the burdened community to change its perspective about the intention and the strength of the youth. When it burns, it does emit heat and I feel that the spark in them would not douse unless all the unscrupulous elements are eradicated from our society. Good luck youth and keep burning!

## TIME MANAGEMENT

1. If you want to add ten years to your life, practice getting up at five o'clock instead of seven o'clock for forty years.
2. Do one thing at a time. Anything that is important should be given full attention.
3. A stitch in time saves nine
4. A man's intellectual or moral character may seem unreal if he is habitually unfaithful to his appointments.
5. It takes time to save time.
6. People count up the faults of those who keep them waiting.
7. Time deals gently with those who take it gently.
8. When you are talking to your favourite person, one hour seems like a minute. When you are sitting on a hot stove, one minute seems like an hour.
9. Regret is a waste of time. Learning is not.
10. The best thing about being busy is that you never have to think what to do next.



Asha Pant

## COPING WITH FAILURES



**Mohit Walia**

In life everyone meets with painful failures and disappointments. Now the question arises, how does one cope with them?

Some give up, some blame everyone around them, and some take to drugs or alcohol to forget their frustrations.

You all are familiar with that fascinating fairy tale, "Alice in the wonderland". Alice escapes into the world of fancy. There is a longing in everyone's life to get away from one's problem, and take a shortcut into fairy land, if only life were so easy!

Everyone struggles in life. The number of failures we have had is almost equal to the successes. We have a long list of mistakes. But it is all this learning that eventually leads us to the current position.

For young people, their failures and disappointments look like an endless track of hurdles, they have to jump over. When will all this end?

Disappointments and failures don't always have to remain as negative experiences. They have to be viewed as steps toward a higher destination. Handling problems and failures in life is the basic fundamental to self-realization.

We have to analyze the reasons of our failure and have to be careful about them in future. We should change and develop ourselves to become more successful.

Beyond all our troubles there is God who loves us. Disappointments and troubles are the instruments, God uses to shape us for attaining better things to come. Life is a maze through which we must seek our way; nevertheless how lost, confused and blocked in a blind alley. But, if we have faith, God will open a door for us, not perhaps the one we would like, but the one that is good for us to get over our problems, it is necessary that we put the problems in proper perspective.

## TONGUE TWISTERS



**Jitender Sharma**

- I saw Susie sitting in a shoe shine shop. Where she sits she shines, and where she shines she sits.
- How many boards could the Mongols hoard if the Mongol hordes got bored?
- How can a clam cram in a clean cream can?
- Send toast to ten tense stout saints' ten tall tents.
- Peter Piper picked a peck of pickled peppers. A peck of pickled peppers Peter Piper picked. If Peter Piper picked a peck of pickled peppers, where's the peck of pickled peppers Peter Piper picked?
- Something in a thirty-acre thermal thicket of thorns and thistles thumped and thundered threatening the three-D thoughts of Matthew the thug - although, theatrically, it was only the thirteen-thousand thistles and thorns through the underneath of his thigh that the thirty year old thug thought of that morning.

## OUR CHILDREN .... Let us handle with care

"You are not interested in me; you are not bothered about my studies and future"

Dear friends, would you be able to digest the above words if they are addressed to you by your son or daughter? Each one of us will proudly say: "My child will not and cannot say like that." Let us pat ourselves on our backs and be proud of our children.

The child is a powerful and sensitive tape that can register and record or pick up the feeblest vibration. He or she is a living computer that projects in future, all the recorded programmes that we feed in him or her.

What do our children register? Is it fear, shame or hatred? If so, we are failing in our duty. Dorothy Law Holtz said, "Let our children live and grow with tolerance, encouragement, praise, fairness, security, approval, acceptance and friendship, so that they will learn to develop faith in themselves and have a better liking and find love in the world. On the other hand if the children live with criticism, hostility, ridicule, and shame, they learn to condemn, fight and feel guilty."

If we all do agree that children are the most precious assets of the nation, they should be handled with the utmost care. Don't you think that their future depends on us and ours in turn on them?

If we accept that life is the greatest gift of God, the gift of children is second to none. So it is our chief duty to work and live for their welfare. Let our children grow in love and concern, so that they may cultivate a sense of belongingness to their family, society and country.

The parents, teachers and all the well wishers of a child have roles to play for the growth, development and the blossoming of the character of a child. If parent is the first teacher, then, we teachers are the second parents; in fact, we all are friends, guides, philosophers and counsellors of our children and to all children entrusted to our care.



**Cecilia Ralph**

### WHY TO STUDY?

Oh! These intello's of the past;  
Whose discoveries still do last,  
Why did they have to research so deep?  
Making kids loaded with heap.  
They studied the sun and the moon;  
And we still learn it morning till noon.  
They explored from north till south:  
And we keep learning it eye to mouth.  
But then, is this learning necessary enough?  
Even the question sounds so tough  
Yes; indeed we need to learn;  
And in our mind all the information churn.



**Rashmi Singh**

For when we shall grow big and good;  
Our mind at an equal, yes it would.  
And then when we would walk our way;  
The goals we had set would follow our sway



## ENJOY THE PROCESS REGARDLESS OF OUTCOME



**Gulshan Jahan**

Competition is bad for the society. It promotes selfish and egocentric behaviour. Right from our childhood, our parents, teachers and society in general, encourage us to compete. The better we compete, the more pats we receive. If we do not compete well, we are often neglected and those who are ahead in the competition get all the attention. Academics, sports and even extra- curricular activities foster competition. Even when we grow up and start our work life, we see competitiveness being rewarded at every step.

With so much emphasis on winning, competitiveness has become a virtue and competition a way of life. Little do we wonder about the fact that we are becoming selfish people. As a society we are happy, unsatisfied and possess low esteem because we laud winning so much.

To be sure, competing in itself is not harmful. It is the attitude of "winning at any cost" that costs us our peace of mind and happiness.

Ironically while competitions promote selfishness, they also make us outside- oriented. Everything we do, we do with respect to others. This can never lead us to fulfillment. Winning and losing are external signposts.

In my opinion, to live fulfilling lives we must look inside us to understand if we're enjoying what we're doing. Shifting our attention from the outcome to the act of doing can lead to tremendous fulfillment. If we enjoy the process and are happy competing, then, we always win, regardless of the outcome of the competition.

## MY IDEAL CLASS

- Moving from Home Eagerly
- Reaching School actively
- Wishing teachers warmly
- Holding the assembly majestically
  - Presenting activities artistically
  - Smiling at each other naturally
  - Helping & Encouraging others instantly
  - Answering to Questions attentively
- Doing Assignments tirelessly
- Trying to speak in English fluently
- Obeying & listening Teachers sincerely
- Showing manner pleasingly
  - Loving Teacher & mates whole heartedly
  - Concentrating in studies constantly
  - Treating all subjects equally
  - Moulding to situations magnificently.



**M.G. Padmashree**

Oh! Students thy power is mighty  
This Decks the school beauty  
Playing a significant role in our hearts  
I bless you all for a blissful life.

## BE POSITIVE



**Jolly Saju**

The whole universe is made up of energy. Just as living tissues or non-living tissues are made up of electrons, protons and neutrons, our thoughts are also made up of energy particles because the whole universe is full of energy.

Our life comprises of success and failure. But a few of us learn from the failures and ultimately come out as winners. Why most of us are unable to do this? The answer lies in our mind. When we foxily focus upon only the positive aspects of any situation, we generate positive vibrations within us and some are sent to the surrounding.

This thinking adds to the positive vibration available in the universe and our positive attitude increases multifold, this is exactly the same when we send out negative vibration to the universe, our attitudes deteriorate further.

To generate positive vibration we must totally relax our body and mind and then forcibly induce positive thoughts in our thinking process. Negative thoughts are likely to come in between. This is quite natural to happen; but, we must practice to remove those negative thoughts from our thinking pattern with some patient practice. It's quite possible to achieve this.

A positive thinking person will excel in any field that he would choose, let it be academic cultural, spiritual, financial, social etc., he will be able to have better personal relationship with everyone.



**Asad Umar Siddiqui**

## Believe it or not, but Maths helped create everything

We can tell time by adding and subtracting.

We know which date it is because of a series of astronomical calculations - plus we know which date will be next week since its all multiples of 7.

We can compare prices - and know what we CAN and CAN'T buy - using maths.

We know how much a discount is on a product by multiplying percentages.

Our every move is calculated by our brain: we know if something is out of reach or if something is in our way because of how our brain deals with our dimensions, body mass and general area.

We know the temperature because of maths.

We know if we have a fever or not - because of maths.

We know blood pressure is determined by a ratio in heart palpitations.

We can work our computer because of a binary code - which is all maths.

We know how fast we're going in our car because of maths.

We know how much water to pour into our glass because of volume.

We see, almost everything that we know of, has to do with maths. If it's not directly involved in it, maths helped create it.

## COMPUTER DOES MAKE A DIFFERENCE...



**Gaurav Mittal**

The role of computers in education has become more important now, when Internet and computers have become a central tool of education. Right from elementary school students to university researchers, every educational system has been influenced by computers. Some of the uses of computers in education are as follows:

- The biggest importance of computers in school is that students can be better prepared for the future technologies and it's easier to explain them several topics that are hard to be understood without 3-D images.
- Online education has made learning easier and convenient for a large section of population.
- Easy access to encyclopedia on the Internet certainly makes us ponder over textbooks versus computer teaching. Online encyclopedia have made researching and preparing documents simpler.
- Students aware of computer uses have better chances of job opportunities as computers literacy is a need now. Importance of computer education was never so important as it's in the present scenario.
- Using computer aided facilities like PowerPoint presentation eases understanding of complex topics.

While the debate on advantages and disadvantages of Internet or computers will always exist, it's certainly a truth that computers have made our life totally different, progressive and better.

## GAIN WISDOM

By money you can have amusement but not happiness,

By money you can have a bed but not sleep,

By money you can have medicines but not health,

By money you can have relatives but not relations,

By money you can have everything but not life.

If you want to have honour, never dishonour any body.

If you want to have health, keep your mind pure.

If you want to purify your soul, always speak the truth.

If you want to have peace of mind, do not be angry or greedy.

Kind hearts are gardens,

Kind words are the flowers,

Kind thoughts are the roots,

Kind deeds are the fruits,

Thus charity starts at home.



**Devinder Kumar**

## ENGINEERING CLASSIFIED : The Various Fields of Engineering



**Rocky R. Theophilus**

Friends, whenever I ask my students what they want to become in future or which profession they like the most, most of times I get the answer – Engineer/Engineering. But friends before they take up engineering as a profession they must know about its various fields. So, for their enlightenment, below is a list of the various fields of engineering. Hope it will help them in deciding their future.

**Aerospace Engineering** – This field of engineering deals with design, production and operation of various aircrafts, spacecrafts, missiles and other airborne technologies. This field is an expansion of another branch of engineering termed as the Aeronautical engineering, which deals exclusively with aircrafts.

**Automotive Engineering** – This area deals with applications of principles from various fields of engineering to the efficient design and operation of automobiles.

**Chemical Engineering** – This branch deals with conversion of chemicals into useful forms of energy in an efficient manner. All crucial factors in other large scale production processes are managed by a chemical engineer.

**Environmental Engineering** – The main task of this branch of engineering is to make use of science and technology to improve the environmental conditions.

**Civil Engineering** – Civil engineering is mainly concerned with planning and construction of fixed structures like roads, bridges, buildings, etc. This branch optimizes the various processes involved to help increase the lifespan of these structures.

**Computer Engineering** – This branch of engineering deals with the design and production of devices which help in the automation of various manual processes. It always deals with developing softwares to provide instructions to different tools and machines in the required order.

**Electrical Engineering** – As the name suggests, this branch deals with the efficient generation and distribution of electricity and maintenance of power supply.

**Electronics Engineering** – This branch of engineering deals with the functioning of electronic devices and equipment. It studies the flow of electrons in various systems to determine the flaws and improve the efficiency of the systems.

**Mechanical Engineering** – Mechanical engineers are mainly concerned with application of scientific principles to analyze the designing, manufacturing and maintenance processes of various mechanical systems. This branch of study is connected to all other branches of engineering in one way or the other.

# EVERYONE CAN GIVE THE GIFT OF LIFE



**Gaurav Sachdeva**

Make donating blood with regularity a part of your life. The process is simple and safe. Minority groups have something special to give. Different groups of people have different percentages of blood types. Thus, it is important that every ethnic group participate in blood donation programmes. Remember, you can save the life of a friend, a neighbour, and also a family member.

## **Who can donate blood?**

- Anyone 17 years old or older.
- The one who weighs 100 lbs. or more. Donors who undergo aphaeresis should weigh at least 110 lbs.
- The one who has good health. You can still donate if you are taking medication although it depends on your state of health and the type of medication.  
Before donating, you should know certain Frequently Asked Questions (FAQ) given below.

## ● **What is the first step before donating blood?**

You will need to give basic information such as your name, address, age, etc. You will also be asked about your medical history and then a drop of your blood will be analyzed for iron level. Your pulse, blood pressure and temperature will also be checked.

## ● **How long does blood donation take?**

The duration is 10-15 minutes, not including the time you will need to relax. The total process will take about 35 to 45 minutes.

## ● **How do I feel after donating blood?**

The majority of people feel fine, especially donors who have eaten a regular meal before donating. When you are done, drink lots of liquids within the next 24 hours.

## ● **How soon can I play sports?**

Avoid muscle exercises, rough movements and heavy activities such as weight lifting or picking up objects the first 4-5 hours after the donation.

## ● **What is the waiting period from one blood donation to the next?**

The waiting period to donate blood is 56 days (you can donate up to 6 times per year).

## ● **Are there any possibilities of contracting the HIV virus or other infections?**

No. All of the materials used for the collection of blood are new and have never been used before. All of the materials are thrown away immediately after they are used.

## **In donating blood, you are converted into a hero in many ways.**

- Your donation can save the lives of upto 3 patients. These patients can have cancer, be victims of accidents, be in need of organ transplants or have chronic illnesses.
- Sometimes blood can be utilized to replace lost blood from people in life or death situations.
- Plasma, the yellow liquid portion of the blood, reduces bleeding through coagulation factors.
- The platelets that also assist in the coagulation are fragile cells that are needed by patients with leukemia and other cancers. These platelets should be transfused within the first five days after the donation.
- The red cells help to treat anemia and increases the blood's ability to transport oxygen during surgical procedures.

## WE ARE THE WINDS OF CHANGE



**Poonam Kamboj**

"In 2010, we will be superpower. Poverty and corruption will diminish and we will be at the top in the world scenario", this is the common part of the great speeches of our political leaders a decade ago. It's the end of 2011 and nothing of the above seems to have come to reality in near future and now we are talking about VISION 2020. Till what time is it going to happen? Who will bring the "CHANGE"? We live in a country where everyone feels that there must be a change but still nothing happens. Where are we lagging behind?

Frankly speaking, apart from the political system and politicians, there are many reasons and all of us are culprits. Everybody feels that the YOUNG INDIA is going to bring the change and yeah it is doing its bit despite so busy in social

networking, changing relationship status and setting life with a big apartment; it reminds all the birthdays of great patriots to its friends through messages and fill face book status with patriotic messages on 15th Aug, 26th Jan & 2nd Oct. But do these things help even a bit? But dude, what more do you expect?

That's where the entire problem dwells. We all have just lost our expectations. We all get involved in endless discussions of where is India failing and just come to the conclusion. "This is India. Nothing will change here", showing everyone that we are part of change with a mental set up that nothing will change. Does this contribute to better the conditions of our country? If it's a cricket match of India with Australia and Australia needs 3 runs from an over, we still hope that India will win. If we don't lose hope in those crucial moments, then why do we Indians lose hope in the other important matters related to our lives? We all seem to have become so hopeless that even a small thing seems very large and unbeatable. A single Olympic gold makes us proud, a mere 70 crore aerostate balloon at CNG makes us feel at par with USA. Don't let these mere things satisfy you, don't let your desires fall way behind what you deserve. Raise your expectations because the expectations lead to disappointment and it's the frustration of disappointment that will bring the change. Another big problem is our short term memory. We all are puffed up after watching Rand De Basanti, A Wednesday, Swades or reading a great article ready to tackle any injustice but within a day the flash goes off. We get busy with thoughts like- Will Harry Potter Die or not?

The other problem is why the youth is the only saviour, why only the youth can bring change. You can't win a battle with 60% of your army. We all have to work for the "CHANGE" together. Hope you will not stay stagnant and work earnestly to make your dreams come true and further inspire the younger generation to dream big and become hard working because WE ARE THE WINDS OF CHANGE.

**Jai Hind ! Jai Bharat !! Jai Hind ! Jai Bharat !! Jai Hind ! Jai Bharat !!**



**Shrutika Jain**  
VII- A

## PRAYER SONG

O lord, our god!  
O lord, our god!

This is my prayer to thee, my God,  
O lord, full of God's own grace.  
Like a sunflower that follows, every day  
Father of love, we lifted up our heart to you, o lord  
O lord, our God!  
O lord, our God!

Our joys would then be doubled,  
Our pain just half to bear,  
fountain of love we lift up our hearts to you.  
O lord, our god!

## IMPORTANCE OF DISCIPLINE IN LIFE

Discipline is nothing ,but obedience to rules for the good of society. It is, therefore the habit of acting in accordance with certain rules. It is prompt obedience to the order of the authority.

Discipline is necessity in every walk of life. The general good of the society depends on it. It is very essential for our progress. So an individual has to sacrifice his own interest for the good of the society.

It is needed in every field of human life. If the members of a family do not obey the head of the family, they will never be happy and also there will be no peace in the family.

In the playground, it is needed that the players should obey the captain. A team cannot be victorious, if each player plays according to his own whim. If a team is united, it will put good defenses.

It is also very essential in an army. A soldier must obey his commander. No battle had been won by soldiers who were unruly and undisciplined.

Discipline is also very essential in schools and colleges. If the students do not obey their teachers, there will be no order in the class and efficient teaching will not be possible.

Without efficient teaching, results will not improve. A nation can rise if its people know the value of discipline. No great work can be done without peace and order. Our country will not progress, if we are not disciplined.

Thus we see that discipline leads to prosperity and indiscipline creates monarchy.



**Priyanka Batra**  
X-A



**Vaishali Rathore**  
XI A

## THE PROBLEM OF OVER POPULATION IN INDIA

Population explosion is one of the biggest problems in India. Everyday 65,000 children are born in our country. Human population is growing at an unprecedented rate. It is estimated that if population continues to grow at this rate, it will become double in next 35 years.

Think of the situation after 100 years. The worst part of this is that the density of population goes on increasing in cities and areas where people get an opportunity to earn. This leads to increase in the concentration of carbon dioxide in the atmosphere. Do you know why? The growth of industries, excessive use of aerosols, CFCs and HCFCs are damaging our atmosphere. Deforestation is also a major cause of environmental degradation. The increase in the level of carbon dioxide in our environment is also caused by greenhouse effect which results in global warming.

What should be done to check this abnormal growth of population? Family welfare schemes started by government should be properly implemented in rural areas. Villagers should be made to realize the advantages of having a planned and limited family.

A small family is a happy family. It is better to have two children well fed, well cared and well educated than to have six children, half starved, ill-clad and semi-educated.

One must make every effort to rise above poverty; one must do one's best to increase the wealth of country. So family planning is the only solution to the problem of overpopulation. The aim of family planning is to have small, happy family, to make every child, a wanted child, with a fair chance of health, education and employment. Any failure in family planning campaign will cause a set-back to all our developmental programmes and hamper the much desired progress of our country.

## MY ACADEMY

Near the highway,  
There's an Academy,  
Where we find the,  
Best of knowledge.  
We see there,  
Skillful beauty,  
Because the teachers,  
Do their duty,  
Our father Manager is very kind,  
Has the best of knowledge,  
Always on his mind.



There are the students,  
Gentle and very polite,  
They find knowledge,  
Day and night.  
If you want to find,  
Environment free from enemy,  
Then just enter your name in,  
St. Mary's Academy.

**Rishabh Jain**  
X B





## MY PARENTS MEAN LOT TO ME

The choice of a profession is the most important part of education. If we do not choose our profession while still at school and college, we only waste the precious years of our school life.

After leaving our educational institution, we just become a rolling stone, drifting from pillar to post in search of a job, which is quite often not to our taste.

All parents want to see their child in a lucrative job. It is every parent's dream to watch his/ her child bloom into a successful human being. My parents also want me to be successful in my life.

I love my parents very much. My parents want me to be District Magistrate (D.M) I have always been given all the freedom to take decisions about the choice of my career on my own. Fortunately, I also want to become the District Magistrate.

My parents save every penny to ensure that they can provide me with all that I want. Many a times they neglect their dreams and wishes to fulfill my wishes.

I want to live up to my parents expectations because I know my parents did not get the guidance, I am getting in my school. And for this, I have to work hard regularly with strong will power and determination. I know that I will do all that and give my dream a successful shape, to change my dreams into a reality. Every child should work hard to achieve success, to make their parent's dream, a reality.



**VAISHALI RATHORE**  
XI PCM



**Arpita Jain**  
XI - B

## THE GRAMMAR FAMILY

There is a family whose surname is Grammar. The head of the family is Noun. The mistress is Verb. This family has three children- one son and two daughters. The son is Pronoun. He has to do all the work of his father in his absence.

The two daughters are- Miss Adverb and Miss Adjective. Adjective loves her father and elder brother very much. She is always busy in praising them, but Adverb loves her mother. She always modifies her when there is need. There is also one servant in the family whose name is Preposition. He is the official servant of the master and his family. Wherever his master goes he accompanies him like his

shadow. There is a relative of Grammar family who joins the members of family on occasions. His name is Conjunction. The last member is Interjection. He comes in moments of joy, surprise and sorrow. So, now you are introduced with the members of the Grammar family. I hope that you will recognize them very easily wherever and whenever you come across them.



**Annanya Panwar**  
XI A

direction; they end up in frustration or get satisfied with whatever comes in their way.

It is necessary, therefore to decide what one wants to do or wants to become. This is the goal or target to be achieved. Once fixed, these goals must always be kept in sight. They should always be visible.

They should be like lighthouse guiding individual in the right direction. What is important is to fix our goals in a very realistic manner. We should know our attitude and resources. We must also assess our strength and weakness before deciding our goal.

Very often, people get distracted and are carried away from the right course.

A story is told of a princess who agreed to marry anyone who could defeat her in a race. Many suitors came from all parts of the country. Several races were organized. On one occasion a young man who came was a good sports man. The princess heard about him. The young man very much wanted the princess to be his wife. His goal was the victory and marriage.

As usual the race began. The young man was faster and was far ahead of princess. She took out a golden apple from her pocket and threw it in front of him. He was attracted to it and quickly bent down to pick it up. Three times the princess threw apples and three times the young man lost time in going after them. Finally the princess won the race.

## SET YOUR GOAL

It is said that almost every one of us lives and works much below our capacity. In fact, according to a study, most of us use only ten percent of our abilities. We float like rudderless ships at the mercy of every wind.

Setting goal is necessary so as to have something to aim for. Setting goal can give meaning to our life and help us to achieve much more.

Most people do not know what they want in life. They just keep drifting and grouping in the dark, as they have no idea of

This is exactly what happens to most of us. We want to achieve what we have in mind but very often we get carried away with the golden apples we see along the way.

This distracts us from achieving what we really want to achieve. So this should be prevented and we must only think and think of our goal without distraction.

## DO ALL THE GOOD YOU CAN



Do all the good you can,  
By all the means you can,  
In all the ways you can,  
In all the places you can,  
At all the times you can,  
To all the people you can,  
As long as ever you can.

**Aakansha Malik**  
VIII-A



**Vishali Rathore**  
X-A

effects. We may quote an example of anger developing into stroke due to bursting of blood vessels in the brain.

Angina pain and clot formation in arteries occur quicker than normal in a person who remain stressed. We can overcome the stress by following certain principles. The role of yoga cannot be undermined but it needs perfection and should be done under the guidance of some expert teachers or yogi because if Asana, Pranayana, Bandhamudra, yogic prakriya, concentration and modification are not properly performed, it will not yield the desired results. Bearing positive thoughts is the first principle. To this effort we should not grumble for one thing or the other. Always say yes to life, be positive and satisfied with what life brings. This is the key to our successful existence. Concentration and meditation are the two royal roads to perfection. Concentration leads to meditation. Fix the mind on one object higher within the body. Keep it there steadily for some time and you can improve your concentration. One has to practice it daily. During meditation, try to forget the body and surroundings. Practice good exercises regularly during the same hours daily. These are few ways in which we can live a stress free life and keep ourselves mentally and physically fit.

## MANAGING " STRESS" THROUGH CONCENTRATION

Stress in simple language is defined as any interference that disturbs a person's healthy mental and physical well being.

Physical or psychological stress increases adrenaline and cortical hormones affecting our heart rate, blood pressure, metabolism and physical activities.

The prolonged stress causes mental problems. Destructive behaviour, decreasing confidence and depression are its other

## MY DREAM



**Nehal Juneja**  
Class - VI

I had a dream one night, it was a pleasant sight. The world had become an honest place, and for evil there was no space. Everyone was happy and gay; No one felt any dismay. Falsehood & violence had vanished in air; it seemed that heaven was near. Tragedy was nowhere to be seen, No one was cruel, and no one was mean. Then I woke up from my dream, a sweet dream that I had seen.





**Sonali Singhal**  
IX - A



### QUALITIES OF GOOD STUD

- G greets everyone with a smile.  
O obeys the teacher  
O on time to school  
D duty conscious
- S studies with interest  
T treats everyone as a friend  
U understands himself and others  
D does homework daily, disciplined  
E eager to know new things  
N never misbehaves, nice navigator  
T truthful

## FIGHT FOR YOUR RIGHT

Had he not worked so hard,  
He would not have felt weary  
Day time and night he toiled  
Till his body lay on the soil  
He worked for our rights  
And we gained new heights.

He is no other, but Mahatama Gandhi  
The heaven sent the king  
Who had everyone under his wings  
He preached humanity  
And had no vanity  
A man of strong character

He had made us true Indians  
Like we are now  
He made India free  
Like a bird in the sky

There are many more who fought,  
For equality and freedom  
And I admire them all the time  
With this I conclude this little poem of mine.



## KEY TO SUCCESS



**Ritik Jain**  
VI

Read but write more,  
Talk but think more,  
Play but study more,  
I promise you will succeed for sure.  
Eat but chew more,  
Sleep but work more,  
Weep but laugh more,  
Consume but produce more  
I promise people will respect you for sure.



## FUNNY RIDDLES

1. If you have it, you want to share it. What is it?  
A secret.
2. How many bricks does it take to complete a building made of bricks?  
Only one, the last one.
3. What is everything to someone and nothing to everyone else?  
Your mind.
4. What grows when it eats, but dies when it drinks?  
A candle.
5. You heard me before, yet you hear me again. Then I die, till you call me again. What am I?  
An echo.
6. If two's a company and three's a crowd, what are four and five?  
Nine
7. No sooner spoken then broken. What is it?  
Silence.
8. What can go up and come down without moving?  
Temperature.
9. What can you catch but not throw?  
Cold.
10. Which one word has the most letters in it?  
Alphabet.
11. Which two words contain the most letters?  
Post office.



**Aanchal Srivastava**  
IX - B



## ABOUT THE FATHER OF OUR SCHOOL



**Deepak Tomar**  
XII - A

This article is about a person who has changed our school life.

This year, we are lucky to have Rev. Fr. Vijay Rao amongst us. He is a precious diamond on this Earth. It is because of him that today our school has become a well disciplined school. Today, we are having many competitions in our school, boards have been put up in every class, students converse in English. For the last 3 years we were wishing for such a change. It is because of his hard work and dedication that now our school is also being acknowledged as one of the best schools in the city. I pray to God for his long life. And wish that may he always guide us & bless us. Now I rest my pen.

LIVE LONG OUR FATHER LIVE LONG.

## THIS IS MATHEMATICS

Mathematics is like a team of eleven players. Each letter of this word conveys qualities of this subject.

1. M → stands for MIND which is very essential for mathematician.
2. A → is the caption of team and stands for ACCURACY. This should be always there when dealing with the subject.
3. T → stands for TALENT which is always used in proving theorems.
4. H → stands for HARDWORK without which success cannot be achieved.
5. E → stands for ENDURANCE which is tested while studying this subject.
6. M → stands for MEMORY which plays a major role in learning this subject.
7. A → stands for ART and ATTENTION which are two mates of mathematics.
8. T → stands for TECHNICALITY which often succeeds when knowledge fails.
9. I → stands for INTEREST which helps to grow as a mathematician.
10. C → stands for CLARITY without which learning is not possible in this subject.
11. S → stands for SMILE which plays on the lips of mathematician when he has solved a knotty and complicated problem.



**Nazam Fatma**  
IX A

## MATHEMATICAL WEDDING INVITATION



**Nikul Rathore**  
X A

Smt. & Sh. Profit Loss

request the pleasure of your company on the auspicious occasion of  
the marriage of their son

**RATIO**

weds

**PROPORTION**

(Grand Daughter of Sh. Rectangle of Geometry)  
at their residence.

**PROGRAMME**

Sunday =  $(5)^2 = 25$  July, 2010

Ladies Sangeet.....  $(2)^2 + (2)^2 = 8$  p.m.

Monday =  $(5)^2 + (1)^2 = 26$  July, 2010

Sera Bandi.....  $(2)^2 + 2 + 2 = 8$  p.m.

Departure of Barat....  $(3)^2 + (1)^2 = 10$  a.m.

R.S.V.P :  
Sh. Discount  
Sh. Interest  
Sh. Compound  
Sh. Area

With best complements :  
Rectangles  
and  
Squares

## CHEMISTRY OF BACK BENCHER

Element Name : Back bencher  
Atomic number : 420  
Atomic Weight : Heavier than his class fellows.  
Chemical reaction : Backbench + Student – Attention = Back Bencher

### Occurrence :

1. On back bench in the classroom.
2. In tuck shops and in canteen.
3. At place where book worms are absent.

### Physical Properties:

1. Looks like film hero.
2. Wears clothes of latest fashion.
3. Generally puts on goggles.
4. Always steals a nervous glance at his wrist while period is on.

### Progress:

1. Always busy in disturbing his class fellows.
2. Feels shy to wish his teachers.



**Rajat Kamboj**  
X-B

### Chemical properties

1. Reacts violently resulting in disputes and quarrels.
2. Lecturer's words are all Greek to him.
3. Reacts with a piece of chalk to make cartoon on the black board.

### Uses:

1. Good consumer of his parent's money.
2. A perfect leader in strike.
3. Helpful to tea-stall owner



**Ishika Dixit**  
III-B

1. What has an eye but no head?  
Needle
2. What ring is a square?  
Boxing Ring
3. Which fish do dogs love to catch?  
Catfish

## AMUSING RIDDLES

4. What is black when clean & white?  
Blackboard
5. Why is a river rich?  
Because it has two banks
6. What can you make that can't be seen?  
Noise.
7. Why is bee's hair sweet?  
Because it uses a honey comb.
8. With what do Eskimos play soccer?  
Snowball.
9. Which ant cannot walk?  
Plant.
10. What breaks when you say it's name?  
Silence.

## FAILURES ARE THE LADDERS OF SUCCESS

Man is destined to face challenges in life. Life is not a bed of roses. All desire for success. Success is the result of hard work, firm determination and dedication. Sometimes the attempt proves to be a failure. Success and failure are two faces of the same coin. Every failure is a stepping stone to success. Failure teaches us a lot. It informs us to put in more efforts. It reveals the weakness of our planning. It gives us strength to act more decisively. Failure thus prepares a person to go for the next endeavour with better chances of success.

The inventions and discoveries are the result of the hard work and sustained effort. All the inventors and discoverers meet with failures on the way; but they never give up their work in the mid way. Success is bound to



**Priyal Juneja**  
X - A

follow once we start running towards our objectives. One should not be depressed or dejected when one meets failure on the way.

Failure results when the preparation for a goal does not reach perfection. One cannot enjoy one's success to the extreme unless one has tasted failure. Failure prepares the foundation for bigger things in life. Failures are thus the ladders of success.

## LEARN TO ACCEPT DEFEATS

Success and failure are the two sides of the same coin. The day is beautiful because night is dark. The World has not seen a single person who was always successful in everything. It is necessary to learn to handle success and failure in a balanced way. The old saying is "hope for the best and be prepared for the worst". Efforts are more important than the results which we achieved. Learning to accept defeat is in itself a success. One shouldn't lose courage and confidence in adverse situations. Scientists, discoverers, explorers and of all

great men are filled with failures. But they never lose their confidence. They learnt to convert their failures into pillars of success. A person who can't accept his defeats, he must be proud. He may lie, he may cheat etc. for achieving success. This is also a old saying that "thousand honest person defeats are better than a single dishonest success." Person who can't accept defeats, he has no values in life. Let us learn to accept defeats. Of course we should try to convert them into successes. Our motto should be; **"Fighting is more important than winning."**

So, start fight to win but be at the same time prepared to lose.

**Prerna**  
**XI "B"**





**Amir Qureshi**  
XII-B

## MY MOTHER

Oh God! Bless my mother,  
My mother is one of her kind,  
I could never find a duplicate,  
She is very nice,  
And I would like to say  
That twice.  
In food she likes to eat spices  
To my father she is a good wife.  
She sends me to a good school,  
That is why she is very cool,  
East or west,  
My mother is the best.



## PHYSICS AND I

Whenever I open my Physics book  
And force myself to take a look  
I get my throat hung up by "Law of Hook"  
And curse myself, "why Physics book?"

The text gives my brain many questions,  
And friction hinders the flow of my study motion.  
On my seat I do many harmonious motions.  
When I read "Laws of Motion"

I fear to be turned by sheer stress  
And to get compressed by hydraulic press  
I get shocks in electric field  
And stretched help, is magnetic field.

I don't know why lenses have reflecting surfaces.  
And by it my knowledge of physics is reflected  
The phenomenon of radio activity is to be feared  
It brings in my eyes stream lined flow of tears

The surface tension of my mind increases  
As the interval of examination increases  
I lose all my potentials  
When I try some numericals  
How by increasing temperature, pressure is raised?

Oh! Physics, You & I are opposite in conceptual space.



**Akshi Gupta**  
X-A





**Alampiya Beg**  
Class - V

### POEM - BABY

There was a baby,  
who was very heavy?  
She used to wear a frock,  
And sang as a frog croaks

When she went to school,  
She sat on a stool,  
But as she was heavy,  
She fell in school's lobby

Everybody laughed loudly,  
She became thin slowly and  
She was very happy,  
And jumped up like a puppy,



Compiled by:  
**Shriya Singhal**  
X-B

### ALPHABET SAYS

To be an ideal student follow A to Z

A	=	Be Active.
B	=	Be Bold.
C	=	Be Confident.
D	=	Be Dutiful.
E	=	Be Energetic.
F	=	Be Faithful.
G	=	Be Gentle.
H	=	Be Honest.
I	=	Be impartial.
J	=	Be Just and fair.
K	=	Be kind.
L	=	Be Laborious.
M	=	Be Merciful.
N	=	Be Neat.
O	=	Be Optimistic.
P	=	Be Punctual.
Q	=	Be Questioner.
R	=	Be regular.
S	=	Be Simple.
T	=	Be Truthful.
U	=	Be Understanding.
V	=	Be Virtuous.
W	=	Be Winsome.
X	=	Be like generation X.
Y	=	Be Youthful.
Z	=	Be Zealous.

### A GOLDEN WORD "SORRY"

A golden word sorry  
Can remove every worry,  
Sorry brings smile,  
And takes one miles and miles,  
The word sorry is so sweet.  
That it keeps everybody pleased.  
Love rises among foes,  
And wins prizes among those,  
Sorry brings truth on lips and everyone chirps,  
Sorry is the eighth wonder of world,  
And is a healing word.

## FRIENDSHIP

Friendship is a glass  
Handle it with care  
If once it is broken  
It is difficult to repair  
Make new friends  
But don't forget the old  
Because new friends are silver  
And old friends are gold  
Friend ship is precious  
Which is never to be sold.



**Dipti Wadhwa**  
VIII-A

## POLLUTION



**Sanjana Bhardwaj**  
X - A

Breathe shallow, breathe deeply,  
Oh lord, I feel like giving up completely.  
Wheezing and sucking air-filled smells,  
Rotten to the core with chemicals.  
Wheezing and fighting for life,  
Is causing mental strife and conflict.  
As chemicals bellow and pass,  
Throughout the neighborhood amass.  
Each street is like a chamber of gas.  
Engulfing us and choking us,  
Making breathing a difficult task.



## MY ST. MARY'S



Oh dear parents! I thank you a lot; you have helped me to achieve the goal I got.  
I'm lucky to be a St. Marian , as this has helped me become honest and valiant.  
The teachers here are very caring. And the students are found sharing.  
The wisdom which is imparted here, creates a spiritual mood  
The Principal here is very good, always takes care of our study and also of our food  
The environment is very calm, the students study with charm.  
Nowhere else, one provides conditioning like this, all bad habits, students abolish.  
If you don't believe, it's all right, Come to St. Mary's Academy and see the sight.

**Ankur Rathi**  
XII - B

## MATHS : THE BIG BOSS

Maths is a fantastic and puzzling subject.  
Here are some of its wonderful facts  
It includes profit & loss,  
It has become a banker's boss  
Maths is half filled of algebra  
Like a jungle full of zebras.  
Maths also has a chapter of sets  
Like a room full of nest.  
Maths sharpens our brain  
But we have to work like a crane  
Maths is related to Biology  
As, it can change Neurology.  
Maths also solves the numericals of chemistry.  
But it doesn't form its history  
Maths is a puzzle of minus and plus  
Which confuses most of us.  
At last, Maths forms the base of student's career  
By studying it, they can easily cross the life's barriers.



**Twinkle Lobra**  
X-A

## WINNERS AND LOSERS



Winners always have a programme  
Losers always have on excuse  
Winners are a part of the team.  
Losers are apart from the team.  
Winners see the gain  
Losers see the pain.  
Winners have commitments  
Losers have punishments.



**Jasleen Kaur**  
VI

## THE INSECT



**Abijeet Choudhary**  
IX-B

I saw the insect  
Having suffered the accident,  
Kicking so many legs in the air  
Like a motor turned upside down,  
All wheels in the air  
Alone, all alone,  
Nobody took note of the poor grasshopper.  
Even his peers passed by silently,  
Unconcerned, indifferent, callous,  
In the morning air,  
I carefully turned it up.  
And it crawled into the grass.  
I thanked God that I am not alone.  
I won't have to suffer alone.  
There will be some soul beside me,  
Because I am a human being.



**Kanik Mittal**  
XI-A

When we study, some of us think it is a burden;  
but we don't think about the benefits we derive  
from it. This poem is all about students' life and  
their joys. I contribute this poem to all those kids  
who undergo constant pressure from their  
parents to get good marks.

Students' life is full of fun, work and play.  
Their day begin with a prayer, and ends with play.  
They go to school with a heavy bag,  
And water bottles in their sack.  
They sit in the class and toil,  
And learn about millipedes that coil,  
In school, they make many friends,  
And learn many new trends.  
They even learn values of love and life.  
Studies develop brain power.  
Sports develop will power,  
They can do both without any pain,  
They use pens & papers,  
To draw different things.  
And also trace many colorful rings,  
But, when March months comes,  
It steals their laughter and their fun.  
They work for appreciation,  
And sacrifice a lot of recreation.

Still in their heart, they do hide  
Student's life is to learn the right

## STUDENT'S LIFE



## THE BEST THINGS



BEST LAW: Golden Rule.  
BEST EDUCATION: Self knowledge.  
BEST PHILOSOPHY: A contends Mind.  
BEST MUSIC: Language of a child.  
BEST MEDICINE: Cheerfulness and  
Temperance.  
BEST WAR: Fight against one's own  
weakness.  
BEST SCIENCE: Extracting sunshine  
from a cloudy day.  
BEST TELEGRAPHY: Flashing  
sunshine into a gloomy heart.  
BEST BIOGRAPHY: The life that writes  
charity in the largest letters.

**Mayank**  
X-A



**Sagar Choudhary**  
XI-A

## FACE

Behind this face is a real person  
some one who need to feel wanted.

Behind this face is a brain  
one that has real intelligence.

Behind this body is a heart  
one that break but mind with him.

Behind this face is a person  
who feel things like everyone else.

Behind this face is just a person  
who want to be treated like everyone.

## THE WORLD OF POWERFUL WORDS

The most essential nine letter word is " Knowledge".	Acquire it.
The most essential eight letter word is " Patience".	Imbue it.
The most essential seven letter word is " Silence".	Experience it.
The most essential six letter word is "Purity".	Imbibe it.
The most essential five letter word is "Love".	Value it.
The most essential three letter word is "God".	Remember it.
The most essential two letter word is "We".	Use it
The most essential one letter word is "I".	Empower it.

**Ankur Rathi**  
XI - B

## AIM

What is life without an aim  
Where everyone wants a little fame.  
Each one has a dream but won't get some.  
I have small wish, that all should remember my name.

I think my aim is funny.  
To make life as sweet as honey.

If you are aimless, then you are nothing  
One should try hard to earn everything.  
To rule the world, to make the best thing.

So be happy and fulfil your aim  
Think positive, and just play like a healthy game  
And I think you will win and have a big name.

## HAT'S OFF TO "ST. MARY'S ACADEMY"

It's my profound privilege to interact with all of you and share my feelings through this message. For me St' Mary's Academy will be a pleasant, precious and memorable experience forever. I am so lucky and proud because of this school. I have just learnt those thoughts that are very important for a student. Here, I developed an intimate relations with the fabulous teachers and I will remember my class as one of the fun times of school life. It's an opportune moments to express my heartfelt gratitude to my principal, wonderful teachers, and the student body for their unflinching support and cooperation. I just want to give my hearty thanks to my dedicated teachers for being there for me whenever I needed them. Last year, when I was honoured with the post of Asst.Head Girl, it gave me tremendous happiness. This post had given me unprecedented importance, respect, and love. Last but not the least, I would like to thank Sister Principal, Father Manager for providing with such a place where studies, entertainment, and fun go hand in hand. Although, I haven't done all my schooling in this school but I am sure that had I been in any other school, I would not have experienced the same feelings of separation and sorrow. It's my hearty prayer to God that this institution achieve greater heights and glory in future also.

At the end, I would like to conclude with the words which adequately express my feelings when time to depart from school and and to work for promising future which has arrived.

**"Don't bother what others are saying,  
Don't consider yourself a loser,  
Always have high self-esteem and self-  
confidence."**



**Ifrah Jamal**  
12 -B

### MY INDIA



GOA FOR BEAUTY,  
DELHI FOR DUTY,  
PUNJAB FOR FIGHTERS,  
BENGAL FOR WRITERS.

KASHMIR FOR LAKES,  
ANDAMAN FOR QUAKES,  
TAMILNADU FOR TEMPLES,  
HIMACHAL FOR APPLES.

KERAL FOR WEAVES,  
TIPURA FOR WORKERS,  
BIHAR FOR MINES,  
SIKKIM FOR PINES.

NAGALAND FOR HILLS,  
UP FOR SKILLS,  
HARAYANA FOR MILK,  
MYSORE FOR SILK.

RAJASTHAN FOR DESERT,  
MAHARAstra FOR DESSERT,  
ALIGARH FOR LOCKS,  
LUDHIANA FOR SOCKS.

**ABHISHEK JAIN**  
[HEAD BOY]

## प्रार्थना

आँधियों से जूझता दीप बन जाऊँ मैं  
इतनी शक्ति मुझे दो दयानिधे।  
भय है, इन आँधियों में  
रोशनी मद्धिम न पड़ जाये, बुझ न जाऊँ मैं।  
जिन्दगी की संकरी पगडंडी पे,  
डगमगाता हर कदम पड़ रहा,  
एक क्षण की हंसी के पीछे  
बन डबाता नयन छल रहा  
सोना सा गंधुर हास विखराऊँ मैं  
इतना उल्लास मुझे दो दयानिधे  
समाज की सीमाओं से पार  
आस-पास खड़ी दीवारों को गिरा  
हरेक से मिलूँ जैसे धरती मिलती ही अम्बर से  
एक क्षितिज बन जाऊँ मैं  
इतना स्नेह हृदय में भर दो करुणा निधे।  
बोलने में सक्षम पर, गीन साधने को विवश  
ऐसे में भीरे के गुंजन के संग  
नवराग का सृजन कर  
मुक्त अधर से गुनगुनाऊँ मैं  
मे विश पी सक्दूँ गुनगुनाते यहाँ  
रसना पर एक बूँद गंधु की डाल दो करुणा निधे।

## क्या लिखूँ

विद्यालय में मैगजिन छप रही  
मिला मुझे यह समाचार  
सोचा मैं भी लिख जाऊँ  
आर्टिकल दो चार  
पर लिखूँ क्या ?  
कविता लिखूँ, या कहानी  
या फिर कोई लेख  
इसी सोच में बेटी  
मैं हाथ सिर पर टेक।  
पूछा मम्मी से विशय बताओ  
या फिर कोई चुटकुला  
जिसे पढ़े सब बड़े मजे ले और हंसते रह जायें  
पर मिली न कोई ऐसी बात  
फिर मैंने पूछा पापा से  
कोई कविता बताओ  
या फिर कोई प्रसंग सुझाओ।  
लिखने को तो सोचा बहुत  
पर फिर भी मिली न कोई चीज।  
इसी सोच में बैठे ही,  
सुबह से हो गई रात  
फिर मन में आया एक विचार  
कैसे प्रदूषण समाप्त करें  
मंदगी हटायें और पेठ लगायें  
तो क्या केवल यही है इसका साधन  
इन्हीं विचारों को अपने शब्दों में सजा डाला  
टूटे फूटे शब्दों को  
कविता का रंग दे डाला।

नेहा कप्रा  
दसवीं बी



## तारी

आओ आगे हो जाओ मुक्त  
इन पिजरी से दूर कहीं नभ में ।  
पा जाओ तुम अपना विस्तार,  
कर लो अपना स्वप्न पूर्ण  
और अपूर्ण इच्छाएँ साकार  
नयन तुम्हारे और चंचल हो जायेंगे  
और अंग खिलकर कण्ठ हो पायेंगे ।  
जाओ दूर कहीं और इन बंधनों से दूर  
रिति रिवाजों के कंगनों से दूर  
परदों के पीछे से निकलकर  
कर लो वसुंधरा के आतिथ्य में  
कुछ क्षण विश्राम देह  
कमनीय पा जायेगी सम्मान  
जान लो स्व अस्तित्व  
वाणी तुम्हारी और झंकृत हो जायेगी  
या फिर खिलखिलाकर तू हैस पायेगी ।  
नीर धगा है नयनों में जा  
सुधा में बदल लो तुम  
दृष्टि पडे जहाँ तुम्हारी  
एक वसंत कर लो तुम  
पुरुष हो तुम बगिया है तुम्हारा निवास  
कर रही क्या कंटकों में  
नभ छूनेकी जानी आस  
कर दो कुछ ऐसा कि तुम्हारा कर्म  
पुरुषों से कम ना हो  
और नृजे किलकारी  
किसी आंगन में लडकी की  
तो घर के किसी कोने में मातम न हो ।

## सेवा के तम पर मेला

हमारे पुराणों में सेवा को धर्म की संज्ञा दी गई है सभी कर्मों को सेवा को सर्वोपरि माना गया है। परन्तु आज के संदर्भ में विडम्बना यह है कि आज सेवा को समाज के साथ जोड़कर उसे समाज सेवा का तमगा लगा दिया गया है। सेवा एक ऐसा शब्द है जिसके अन्तर्गत निःस्वार्थ भाव से किये जाने वाले कार्यों का समावेश किया जाता है। परन्तु आज जिस प्रकार से इसके स्वरूप में अन्तर आया है वह बाकई चौकाने वाला है। प्राचीन समय से ही माता-पिता व गुरुओं की सेवा की प्रथा चली आ रही है इस परम्परा ने आज एक व्यावसायिक व व्यापारिक रूप धारण कर लिया है। जिसके लिये डिग्री लेना आवश्यक हो गया है एक समय था जब सेवा का कर्तव्य समझकर मैं आप ही नहीं बल्कि गुरुओं की सेवा में भी व्यक्ति अपना सम्पूर्ण जीवन व्यतीत कर देते थे। परन्तु आज इसका स्वरूप विकराल हो गया है हालात यह हैं कि आज के दौर में सेवा यानि समाज सेवा का ठेका समाज सेवी संस्थाओं के पास चला गया है जिसका मूलभूत उद्देश्य समाज के गरीब व पिछड़े वर्गों के हित में व उनके जीवन स्तर को सुधारना होता है परन्तु वास्तव में कितनी संस्थायें अपने इस उद्देश्य में सफल होती हैं इसका अन्तर हम सभी के पास है। एक सर्वे के अनुसार हमारे भारत में तकरीबन 833 ऐसी गैर कानूनी संस्थायें हैं जो गाँव-बगाड़े समाज कल्याण के लिये बनीं तो है समय-समय पर समाज कल्याण व सेवा के लिये धंदा भी देती है। पर ना तो वह ऐसा समाज कल्याण के लिये खर्च है पाता और नाही किसी प्रकार की सेवा हो पाती वास्तविकता तो यह है सेवा के नाम पर मेला खाने वाली ये संस्थायें एक ओर देश में

भ्रष्टाचार को बढ़ावा दे रही हैं साथ में अन्य संस्थाओं के लिये खतरा बन गयी है तो वास्तव में समाज कल्याण व सेवा के क्षेत्र में निरन्तर अपना योगदान दे रही है यदि आंकड़ों की बात करें तो सरकार द्वारा ब्लैक लिस्टिड ऐसी संस्थायें पूरे देश में फँसी हुई हैं। आन्ध्र प्रदेश में जहाँ 192 गैर सरकारी संस्थायें सेवा के नाम पर अपना स्वार्थ साध रही है तो वही बिहार में 125 तमिलनाडु में इनकी संख्या 83 इसी तरह, दिल्ली में 23, गुजरात में 18, उत्तर प्रदेश में 72 हैं इन संस्थाओं में कुछ चुनिंदा संस्थायें हैं जो अपने लक्ष्य पर अडिग हैं।

लेकिन सबसे बड़ी विडम्बना यह है कि हम एक ऐसे देश में रह रहे हैं इन समाज सेवी संस्थाओं रिकार्ड ही नहीं है। कुछ संस्थायें रजिस्टर्ड हैं बाकि परचून की दुकानों की तरह अपना व्यापार चला रही हैं कुछ राजनैतिक रूप से रजिस्टर्ड हैं वे चुनावों के समय वोट बटोरने के लिये इस्तेमाल किया जाता है इसका खुलासा अभी हाल हुये सर्वे में किया गया है कुल मिलाकर कहा जाये तो ऐसा कोई पारदर्शी पैमाना ही नहीं है जो इन अवैध व भ्रष्ट संस्थाओं पर लगाम लगा सके। आज के सन्दर्भ में मुख्य बात यह है कि क्या हमें वास्तव में इन समाज सेवा संस्थाओं की आवश्यकता है जो अपना उल्लू सीधा करने के चक्कर में कई अच्छी व सबल संस्थाओं के लिये चुनौती बनकर खड़ी हो जाती है आवश्यकता है कुछ बड़े नियम बनाने की उन्हें उचित तरीके से लागू करने की ताकि ऐसी संस्थाओं पर शीघ्रताशीघ्र लगाम लगाई जा सके।

## लहर नहीं जहाँ हूँ मैं

पिप्सी बोली -  
कोका कोला, भारत का ईंसान है बोला,  
विदेश से मैं आई हूँ, साथ गीत को लाई हूँ।  
लहर नहीं जहर हूँ मैं  
गुर्दा पर बढता कहर हूँ मैं,  
मेरा पीओएच 2.7,  
गुझमें गिरकर गल जाये दौत।  
ऐसी मेरी कहानी है,  
गुजसे अच्छा तो पानी है

दूध दवा है, दूध दुआ है,  
मैं जहरीला पानी हूँ।  
इतनी तो तुम रस निभाना  
उनको भी कुछ कसम दिलाना।  
दूध, जूस गाजर रस पीना,  
डाल कर छाछ में जीरा पुदीना।  
तुम भी पीना और पिलाना,  
पिप्सी नहीं अब घर में लाना,  
नहीं, तो होगा वो अंजाम,  
कर दूँगी मैं काम लगाम।।

## आंखों की सुरक्षा

प्रिय दोस्तों मैं आज तुम्हें अपने शरीर के अमूल्य अंग आँख के बारे में बताना चाहता हूँ जिससे आदमी प्रकृति की दी हुई सुन्दर-सुन्दर चीजों को देखता है उसका सुख महसूस करता है।

जमी तो किसी कवि ने कहा है:

“आँख अनुपम अंग तन का सृष्टि का वरदान भी खो गया यदि दृष्टि जिनकी जिन्दगी उनकी वीरान में आपकी आँखों की सुरक्षा के सुनहरे नियम बता रहा हूँ।”

1. हमें अपनी आँखों को ठण्डे साफ पानी से धोना चाहिये।
2. हमें गुल्ली-झन्डा जैसे नुकीले खेल नहीं खेलने चाहिये जिसकी पेनी नॉक से हमारे आँखों की रोशनी जा सकती है।
3. हमें अपने भोजन में हरी साग सब्जी तथा पीले फल खाने चाहिये, जिसमें विटामिन 'ए' पाया जाता है।
4. हमें सूर्यग्रहण खुली आँखों से नहीं देखना चाहिए।
5. हमें पढ़ते समय इस बात का ध्यान रखना चाहिये कि प्रकाश पीछे से आ रहा है या नहीं।
6. टी0वी0 6 मी0 की दूरी से देखना चाहिये।
7. हमें गन्दे पानी, तालाब आदि से नहीं नहाना चाहिए।
8. अगर किसी को आँखों की कोई बीमारी है तो नीम हकीम के चक्कर में न पड़कर सीधे डॉक्टर से सम्पर्क करें।

## वर्तमान का भारत

आज हमारे लिये इससे बड़े गौरव की बात क्या हो सकती है कि हम उन क्षणों के सहभागी हैं जब राष्ट्र स्वतंत्रता की वर्षगांठ मना चुका है यह आजादी बहुमूल्य है चूंकि इसे पाने के लिये बहुत से महान पुरुषों ने अपना तन-मन और धन सभी कुछ समर्पित कर दिया था, आजादी के इतने वर्षों के उपरान्त हमें यह सौचने का मौका मिला है कि हमारे देश की वास्तविक स्थिति क्या है और क्या होनी चाहिये। छोटी से छोटी वस्तुओं का आयात करने वाला हमारा देश आज कंप्यूटर सॉफ्टवेयर तक नियति करता है। वास्तव में भारत वर्ष ने आजादी के बाद बहुत तरक्की की है परन्तु देश की यह तस्वीर क्या सचमुच ऐसी है जैसी हमारी महापुरुषों ने कल्पना की थी। सच पूछा जाये तो आज हम करोड़ों डॉलर के विदेशी बॉझ के तले दबे हुये हैं। दूसरी तरफ हमारे देश के कुछ जाने-माने लोगों के करोड़ों डॉलर विदेशी बैंकों में जमा है। यह कैसे किडबना है। यह भी कोई कम शर्म की बात नहीं है कि हमारे देश का नाम इन देशों में शुमार है जहाँ सर्वाधिक भ्रष्टाचार है। माना कि देश की प्रगति व समृद्धि के कई नये सोपाने के हुआ है लेकिन विचारणीय प्रश्न यह है कि प्रगति आज किसे कहेगें? नैत्या नैतिक मूल्यों का पतन ही उन्नति है हमारी यह प्रगति बेमानी है यदि हम अपने देश के महापुरुषों के सपनों पर खरे नहीं उतरे उनके विचारों का अनुकरण नहीं कर सकते।

वे भी इस देश की जवानियाँ थी,  
और ये भी इस देश की जवानियाँ है,  
अन्तर इतना भर है कि  
वे वे थे और ये ये है।।

आज युवा पीढ़ी दिग्भ्रमित होती जा रही है। पाश्चात्य संस्कृति को अन्धा-धुन्ध अपनाती जा रही है जहाँ यह तक और भौतिक सुखों की ओर ले जा रही है वहीं दूसरी ओर चरित्र प्रदूषण की भूमिका थी मली-भौति निभा रही है ना तो हमारी दैनिक दिनचर्या में गुरु वन्दना, चरण स्पर्श जैसा कुछ भी नहीं है प्रातः काल बैड टी से दिन की शुरुआत होती है और रात क्लबों व डिस्को डेंस से समाप्त होती है।

युवा पीढ़ी पूर्ण रूप से भूल चुकी है कि हमारे भारतीय संस्कृति वह है जिसका आहार शाकाहार जिसके वस्त्रों शालीनता व सभ्यता और शब्दों में अपनापन है परन्तु आज हर क्षेत्र में पाश्चात्य संस्कृति अपनी अधिपत्य जयाती नजर आ रही है। छात्र जीवन में ही मनुष्य सभी गुणों का विकास कर सकता है अतः आप सभी किधर्थी अपनी शक्तियों का समुचित उपयोग कर हमारे भारत की संस्कृति को उठा सकते है राष्ट्रियता की बुझी ललक को जगा सकते है।

## किताब

जीवन का आधार किताब ।  
जीवन का है सार किताब ॥  
इसमें छिपा है सारा ज्ञान ।  
जीवन का मूलमंत्र किताब ॥  
हमें ज्ञान देती है किताब ।  
दुनिया की रीर कराती है किताब ॥  
हमारा भविष्य बनाती है किताब ।  
कैसे ज्ञान पाते है हम ॥  
क्या है, ज्ञान और विज्ञान ।  
जब भी बैठे रहते अकेले ॥  
सच्ची मित्र होती किताब ।  
सच्चे मन से पूजा करो ॥

## राष्ट्रीय एकता

मिलजुल कर रहना सीखो ।  
हम हैं भाई-भाई ॥  
मुरिलम हो या हो हिन्दू ।  
सिक्ख हो या हो ईसाई ॥  
अलग-अलग ढंग से हम ।  
पूजा ईश्वर की करते ॥  
लेकिन ईश्वर तो एक है ।  
हम यह क्यों नहीं समझते ॥  
कभी लड़ना और कभी झगड़ना ।  
दंगे करते रहना ॥  
क्या यह अच्छा लगता है ।  
धर्म के नाम पर लड़ना ॥  
कहीं ईद की सेवईयाँ है ।  
कहीं दिवाली की मिठाईया ॥  
गुरुद्वारों का लंगर होता प्यारा ।  
सेटाक्लॉज की टॉफी आई ॥  
आओ मिलकर संकल्प करें हम ।  
आपस में अब नहीं लड़ेंगे ॥  
दिखला देंगे दुनिया को हम ।  
एक राष्ट्र है, एक रहेंगे ॥

दिप्ती वाधवा  
कक्षा : 7 अ

## विद्या

इन्सान को महान बनाती है विद्या ।  
इन्सान को बुद्धिमान बनाती है विद्या ॥  
समाज में सम्मान सिखाती है विद्या ।  
इन्सान को पूज्य बनाती है विद्या ॥  
इन्सान का लक्ष्य पूरा करती है विद्या ।  
नहीं चुराई य छीनी जा सकती है विद्या ॥  
सबसे बड़ा धन है विद्या ॥

त्रैराम बतरा  
कक्षा : 10 अ

## हिन्दी का सम्मान रखो

हिन्दी में सब काम करो,  
हिन्दी का सम्मान करो ।  
हिन्दी अपने देश की भाशा,  
हिन्दी पर अभिमान करो ॥  
स्वाभिमान की भाशा है यह,  
गर्व से जीना सिखाती है ।  
देश की हर भाशा को,  
आपस में मिलवाती है ॥  
जोड़ एक सूत्र में सबको,  
हिन्दी में सब काम करो ।  
हिन्दी का सम्मान करो,  
हिन्दी का सम्मान करो ॥

दिप्ती वाधवा  
कक्षा : 7 अ

## कोशिश करने वालों की हार नहीं होती

लहरों से डरकर नौका चार नहीं होती,  
कोशिश करने वालों की हार नहीं होती ।  
नन्ही घौंटी जब दाना लेकर चलती है,  
घड़ती दीवारों पर सौ बार फिरालती है ॥  
मन का विश्वास रंगों में साहस भरता है,  
घड़कर गिरना गिरकर चढ़ना न अखरता है ।  
कोशिश करने वालों की हार नहीं होती,  
बुबकियों रिन्धु में गौंताखोर लगाता है ॥  
जो जाकर खाली हाथ लौट आता है,  
मिलते न सहज ही मोती गहरे पानी में,  
बढ़ता दूना उत्साह इसी हिरानी में ।  
मुड़ती उसकी खाली हर बार नहीं होती,  
कोशिश करने वालों की कभी हार नहीं होती ॥  
असफलता एक चुनौती है स्वीकार करो,  
क्या कमी रह गई देखो और सुधार करो ।  
कुछ किए बिना ही जय-जयकार नहीं होती,  
कोशिश करने वालों की हार नहीं होती ॥

नेहल जुनेजा  
कक्षा : 5 अ

## बेटियाँ

बोए जाते हैं बेटे ।  
उम जाती हैं बेटियाँ ॥  
खाद-पानी दिया बेटों में ।  
और लहराती हैं बेटियाँ ॥  
एवरेस्ट की उँचाई तक ठेले जाते हैं बेटे ।  
और घड़ जाती हैं बेटियाँ ॥  
सुख के स्वप्न दिखाते हैं बेटे ॥  
जीवन का यथार्थ हैं बेटियाँ ॥  
जीवन तो बेटों का है ।  
और मर जाती हैं बेटियाँ ॥

नाम : तजेन्द्र सिंह  
कक्षा : 10 ब

## ज़िन्दगी और मौत

ज़िन्दा थे तो किसी ने पारा भी बिताया नहीं, अब खुद चारों ओर बेटे जा रहे हैं ।  
पहले किसी ने मेरा हाल-चाल नहीं पूछा, अब सभी आँसू बहाये जा रहे हैं ॥  
एक कमाल भी भेंट नहीं किया, जब हम ज़िन्दा थे ।  
अब शाले और कपड़े, ऊपर से उढ़ाये जा रहे हैं ॥  
सबको पता है कि, शाले और कपड़े इसके किरा काम के ।  
नहीं मगर फिर भी, बेचारे दुनियादारी निभाये जा रहे हैं ॥  
कभी किसी ने एक पकत का खाना ना खिलाया, अब देरी घी मुँह में डाले जा रहे हैं ।  
ज़िन्दगी में एक कदम भी साथ चल सका ना कोई, अब फूलों से राजाकर कर्धों से उढाए जा रहे हैं ॥  
आज पता चला कि मौत ज़िन्दगी से कितनी बेहतर है, हम तो बेवजह ही ज़िन्दगी की चाहत किये जा रहे हैं ॥

आरती राघदेया  
कक्षा : 11 बी

## आजाद न जाने कब होंगे

स्वदेशी संस्कारों के गीत, याद न जाने कब होंगे ।  
कहने को आजाद हुए, मगर आजाद न जाने कब होंगे ॥  
निठारी जैसे शैतानों से, ऊँच-नीच के फरमानों से ।  
कोर्ट कचहरी और थानों से, कहने को आजाद हुए,  
मगर आजाद न जाने कब होंगे ॥

दहशत के अंगारों से, मजहब की दीवारों से ।  
धर्म के ठेकेदारों से, कहने को आजाद हुए,  
मगर आजाद न जाने कब होंगे ॥

हिन्दु-मुरिलम के झगड़े से, मन्दिर-मस्जिद के लफड़े से ।  
पाक-आतंकवाद के पघड़े से, कहने को आजाद हुए,  
मगर आजाद न जाने कब होंगे ॥

दहेज-दानव की शादी से, नित बढ़ती आबादी से ।  
इस घर के आतंकवादी से, कहने को आजाद हुए,  
मगर आजाद न जाने कब होंगे ॥

इस तेरे मेरे से, मोहजाल के घेरे से ।  
अशिक्षा के घोर अंधेरे से, कहने को आजाद हुए,  
मगर आजाद न जाने कब होंगे ॥

अनुज प्रजापति  
कक्षा : 10

## दहेज और औरत

हर रोज जलाई जाती है ।  
हर रोज रूलाई जाती है ॥  
हे वह भी किसी की रातान ।  
जो रोज सताई जाती है ॥  
मत मारो मुझे वह ।  
धिल्लाती रह जाती है ॥  
पर अपने अधिकारों से ।  
वह बंचित कर दी जाती है ॥

दहेज का दानव उरसे ।  
निगल रहा है प्रतिदिन ॥  
भय और आतंक में जीती ।  
वह हर पल, हर दिन ॥

यह कैसी औरत है ।  
जो इतना बदल गई है ।  
सबला होती हुए भी ।  
अबला बन गई है ॥

औरत ही औरत की दुश्मन ।  
क्यों होती जा रही है ॥  
नीयत इत्तफ़ी क्यों ।  
खोटी होती जा रही है ॥  
सभी मंचों पर देती है ।  
ये दहेज विरोधी भाषण ।  
किन्तु करती घर में ।  
अपनी बहु का शोषण ॥

जरा इन्हें इस बात का ।  
जरा भी अहंकार है ॥  
वह भी बहु थी कभी ।  
जो आज बनी सास है ॥

नेहा कथवा  
कक्षा : 10

## कोला इक साथी जहर हूँ मैं ।

पेस्री बोली कोका कोला ॥  
भारत का इन्सान है भोला ।  
विदेश से मैं आयी हूँ ॥  
लहर नहीं जहर हूँ मैं ।  
गुर्दा पर बढता कहर हूँ मैं ॥  
मेरी पीठ एच० दो पाइन्ट सात ।  
मुझसे गिरकर गल जाये दौत ॥  
जिंक आरोगिक लेड हूँ मैं ।  
काटे आँतों को वो ब्लेड हूँ मैं ॥  
मुझसे बढती एसीडिटी ।  
फिर क्यों पीते नैया-दीदी ॥  
ऐसी मेरी कहानी है ।  
मुझसे अच्छा तो पानी है ।  
दूध हवा है दूध दुआ है ।  
मैं जहरीला पानी हूँ ॥  
हाँ दूध मुझसे सारता है ।  
फिर पीकर मुझको क्यों मरता है ?  
540 करोड कमाती हूँ ।  
विदेश मे ले जाती हूँ ॥  
शिव ने भी ना जहर उतारा ।  
कभी अपने कण्ठ के नीचे ॥  
तुम मूर्ख नादान हो यारों ।  
पडे हुए हो मेरे पीछे ॥  
देखा इन्सान लालच में अंधा ।  
बना लिया है मुझको घंधा ॥  
मैं पहुँची हूँ आज वैहा पर  
पीने का नहीं पानी जैहा पर

नजमा फातिमा  
कक्षा : 8 अ

## कविता

खोय न हो, पर है मग आगे,  
बस धरता चल तू पग आगे,  
बैठ न चलने वालों के दल में,  
तू आज तमाशा बनकर!  
तू क्यों बैठ गया है पथ पर ?  
मानव का इतिहास रहेगा,  
कहीं, पुकार-पुकार कहेगा,  
निश्चय था गिर मर जायेगा,  
चलता किंतु रहा जीवन भर,  
तू क्यों बैठ गया है पथ पर ?  
जीवित भी तू आज मरा-सा,  
पर मेरी तो यही अभिलाशा,  
चिंता-निकट भी पहुँच सँकू,  
मैं अपने पैरों चलकर,  
तू क्यों बैठ गया है पथ पर ?

अंशिका धीमान  
कक्षा : 5

## वक्त की कीमत

वक्त की कीमत क्या होती है ?  
पूछो मरने वालो से ।  
दर्द की लज्जात क्या होती है ?  
पूछो मरने वालो से ।  
साथ नहीं कुछ जाता है  
घरा यही रह जाता है ?  
जग की हकीकत क्या होती है,  
पूछो मरने वालो से ।  
घड़कन एक विज्ञान राही,  
इसी से कायम दुनिया है,  
दिल की दौलत क्या होती है ?  
पूछो मरने वालो से,  
वक्त अगर साथ तुम्हारे है ।  
अमजद मत बरबाद करो ।,  
फिजा की रिक्त क्या होती है,  
पूछो मरने वालो से ।

नाम : यागिक त्यागी  
कक्षा : 7 ब

## ऐसी सोच विकसित हो

स्वामी विवेकानंद का कथन है कि तुम जो सोचते हो वही तुम्हारा चरित्र है, यानि चरित्र शब्द जितना पढ़ने में लघु है इसकी व्यापकता उतनी ही विस्तृत है। व्यक्ति विशेष को जानना हो तो उसके चरित्र को जानना पर्याप्त है। प्रत्येक इन्सान अपने चरित्र का स्वामी होता है।

चरित्र केवल कर्म से ही सम्बन्धित नहीं होता अपितु इसका संबंध हमारी सोच से होता है। उदाहरण के तौर पर एक कर्मचारी के दिलो-दिमाग में यह सोच आ गयी है कि उसे अपने पद का दुरुपयोग करते हुये सामने वाले व्यक्ति से रिश्तत लेनी है, परन्तु किसी कारण से वह रिश्तत नहीं ले पाया तो इसके मायने यह नहीं कि वह कर्मचारी चरित्रवान है। वास्तव में उसके चरित्र का पतन तो उसी पल हो चुका था जब उसकी सोच, ऐसी बनी वह तो परिस्थितिवाश उस सोच को कर्म में परिवर्तित नहीं कर पाया। दरअसल ईश्वर भी इन्सान की सोच पर ही निर्णय लेता है। किसी ने कहा है कि आदमी निर्णय लेता है कर्म के आधार पर, परन्तु ईश्वर के निर्णय सोच पर आधारित होते हैं।

चरित्र हर समाज की रीढ़ होती है। किसी भी संस्था, समाज एवं राष्ट्र का पतन अथवा उत्थान उस समाज में विचरण करने वाले नागरिकों के चरित्र पर ही निर्भर करता है। तनिक मनन करें, अपना ही देश भारतवर्ष किसी समय सोने की चिड़िया कहलाता था। समस्त विश्व में धन कमाने के लिये व्यापारी यहाँ आते थे नालंदा, तक्षशिला जैसे विश्वविद्यालयों का विश्व में एक विशिष्ट स्थान था तो ऐसा क्या हुआ कि उसी भारत को आज अनेकों आर्थिक दृष्टि से सम्पन्न देशों का मुँह ताकना पड़ता है। क्या कारण था कि मुट्ठी भर लोगों ने इस देश पर राज किया वह भी सैकड़ों वर्ष इन सभी का मूल कारण कहीं न कहीं हमारे राष्ट्रीय चरित्र में गिरावट का आना था। किसी भी देश की प्रगति उस देशमें बनने वाली सड़कों, बिजलीघर, कृषि या औद्योगिक क्षेत्र में विकास से ही नहीं होती अपितु समाज के हर अंग के विकसित चरित्र

से होती है। चरित्रवान समाज में हर एक प्रणाली सफल होती है। जैसे कहा भी है कि -

चरित्र हर समाज की रीढ़ होती है। किसी भी संस्था, समाज एवं राष्ट्र का पतन अथवा उत्थान उस समाज में विचरण करने वाले नागरिकों के चरित्र पर ही निर्भर करता है। तनिक मनन करें, अपना ही देश भारतवर्ष किसी समय सोने की चिड़िया कहलाता था। समस्त विश्व में धन कमाने के लिये व्यापारी यहाँ आते थे नालंदा, तक्षशिला जैसे विश्वविद्यालयों का विश्व में एक विशिष्ट स्थान था तो ऐसा क्या हुआ कि उसी भारत को आज अनेकों आर्थिक दृष्टि से सम्पन्न देशों का मुँह ताकना पड़ता है। क्या कारण था कि मुट्ठी भर लोगों ने इस देश पर राज किया वह भी सैकड़ों वर्ष इन सभी का मूल कारण कहीं न कहीं हमारे राष्ट्रीय चरित्र में गिरावट का आना था। किसी भी देश की प्रगति उस देशमें बनने वाली सड़कों, बिजलीघर, कृषि या औद्योगिक क्षेत्र में विकास से ही नहीं होती अपितु समाज के हर अंग के विकसित चरित्र से होती है। चरित्रवान समाज में हर एक प्रणाली सफल होती है। जैसे कहा भी है कि -

The happiness of every country depends upon the character of its people, rather than the from of its government.

हर राष्ट्र की खुशहाली वहाँ के नागरिकों के चरित्र पर निर्भर करती है न कि इस बात पर कि वहाँ कौन सी शासन प्रणाली है। आज आवश्यकता है कि ऐसी सोच विकसित हो जो स्वस्थ परिवार, स्वस्थ समाज, स्वस्थ राष्ट्र एवं सम्पूर्ण मानव जाति के लिये हितकर हो। लोग चरित्रवान हो क्योंकि चरित्रवान व्यक्ति आत्मविश्वास से भरा होता है, निर्भीक एवं दृढ़ता वाला होता है और उसमें दैवीय गुणों का भण्डार होता है जो किसी भी समाज को सही दिशा देने में सक्षम होता है।

नाम : मनोज रानी  
कक्षा : १०



## बेटे की मूर्खता, माँ का प्यार

बेटा जब पैदा होता है,  
उसकी एक मुस्कुराहट से माँ का तरसना होता है।  
समय बीता, बेटे का चेहरा खिल गया,  
उसके होंठों से पहला लपज माँ कहलाया।  
ये सुनकर माँ खुशी से झूम उठी,  
उसकी हँसी रोके से भी न रुकी।  
माँ ने देखे तो थे उसके लिए सपने,  
दुआ करती पराय भी हो जाए उसके अपने।  
माँ के साये में परवान चढ़ने लगा,  
वक्त के साथ कद उसका बढ़ने लगा।

जवान हुआ वो तो जोर-ए-बाजूओं पे बात करने लगा,  
खुद ही सजाने लगा, खुद ही सँवरने लगा।  
माँ ने चाही थी, खुशिया उसकी,  
पर वो तो माँ को ही रूलाने लगा।  
माँ ने समझाया था उसको, दुनिया देती है दगा,  
वो मूर्ख था, जो माँ से ही लड़ने लगा।  
बर्दाश्त से बाहर होकर माँ ने कहा एक दिन,  
अब उनका गुजारा नहीं अपने बेटे के साथ।  
सुनके ये बात तैश में वो आ गया,  
उसका गुस्सा उसकी अकल को खा गया।  
गुस्से में आके उसने माँ से कहा,  
वो अब तक था खागोश बस सुनता रहा।  
वो बोला पीछा मेरा छोड़ दो,  
जो रिश्ता है मुझसे वो तोड़ दो।

जो बात कही अपनी माँ से उसने,  
सुनकर उसे वो दूट गई।  
माँ उसे कभी कुछ न बोली,  
हमेशा के लिए खागोश हो गई।  
बेटा बोला जाओ जाकर कहीं काम-धन्धा करो,  
दुनिया जँहा भरती है, वही तुम भी जाकर गरो।  
औसू बहाती रही माँ रात भर,  
बेटे पर उन औसुओं का हुआ न कुछ भी असर।  
फिर वो भी कल को भूलाती रही,  
एक दिन गीत माँ के लिये घर से रवाना हुई,  
गीत की एक हिचकी बहाना हुई।  
मुददत हो गई बूढ़ा है वो अपने कर्म पर रोता है वो,  
उसके बच्चे उससे डरते नहीं,  
नफरत है उससे मोहब्बत वो करते नहीं।  
वक्त थलता रहता है, वक्त कभी रुकता नहीं,  
गीत मींगता है वो गीत उसे आती नहीं।  
कदर माँ-बाप की अगर कोई जान ले,  
अपनी जन्नत वो खुद ही पहचान ले।  
बददुआ मिले तो वो भी बन जाए दुआ,  
" हर औलाद याद रखना इस बात को "  
" भूल न जाना रहमत की बरसात को "

कमलकान्त  
कथा : 11 अ

## पेड़ लगाओ

आज प्रदूषण के इस युग में।  
जो चाही खुश हाली  
पेड़ लगाओ सौ-सौ फीले।।  
धरती पर हरियाली।।  
हरियाली धरती की शोभा।  
भयनों को सुख देती  
वृक्ष बिहिना मरु की भूमि।  
वन मरीचि दुःख देती।।

बैठ आम की डाली कोयल  
मीठी तान सुनाती।।  
मधु-मक्खी मकरन्द बिन्दु ले  
सबको शहद लुटाती।।

यर्शा ही अमृत जगती का  
जीवन का आधार।  
नमन करो इन धरा सुरों को।।  
प्रकट करो आमार।  
करें नियंत्रित धरा प्रदूषण।।

पूज सभी हैं मित्र हमारे  
हम को सब कुछ देते।  
अगणित उपकारों के बदले।।  
कमी नहीं कुछ लेते।।  
भीषण बाढ़ प्रमंजन रोके  
मिट्टी का भी कटना।  
उर्वर करें धरा की माटी।  
रोके मरुस्थल बढ़ना।  
काट काट इस हरित स्वर्ण को।  
लेना मत कंगाली।

## ALUMNI'S RUNLET OF CONSCIOUSNESS

### St. Mary's Academy ...

... is the place where I have shared the happiest and memorable moments of my life with my friends and teachers who still hold the most precious corners in my heart.

Here, I could always find someone to share each and every experience of my life which I could not even share with my parents. St. Mary's teachers always know when to play the role of a friend and when of parents.

We never ever thought of taking unnecessary leaves because this place was not only the educational temple but the second home to us.

It was our first batch of 10<sup>th</sup> class and I still remember that all the teachers and all the staff members were paying even more efforts for us so that we could perform well. Tuitions were never the necessity for us under their super guidance.

This year, there is silver jubilee programme and I'm sure it will be full of energy and entertainment; but I envy all of those participants who will be participating in that event and will be having fun.

I'm very happy that my school has successfully completed 25 years and a lot of people are out there in the society today successfully spending their lives just because of this great place whose we were once a part of.

"I'll never regret or cry because its over, but instead I'll always feel myself as someone special that I have so many fond memories to look back on, about my school."



**Nitin Jain**  
X<sup>th</sup> (2002-03)

### Good Luck SMA



I have learnt a lot of things from this school; academically and socially. I am thankful to my teachers, who showed us the path to be better and then the best. I wish good luck to the staff and management of the school for further years of glory and dignity.

**Vasundhara Singh**  
X<sup>th</sup> (2005-06)

### God Bless You SMA

I have spent my twelve years in St. Mary's Academy and with guarantee I can stand on my words that it is the best school. It is the institution where the teachers are not merely teachers but are like family members. They help us whenever we need them. We are not only taught the things which are in the book but more about the life and the world which we need to face the complexities of life. They teach us how to face the difficult situations and challenges. Here education means not only to get literate but to develop our character.

I want to thank all my teachers who had helped me to grow strong.



**Vaishali Singh**  
Ex-student

## God Bless You SMA

I have spent the most precious years of my life in St. Mary's Academy. Teachers are no less than friends, they supported me in every aspect. I thank God for giving me an opportunity to be a part of his lovely creation. I wish luck and prosperity for my St. Mary's Academy.



**Vaishali Jain**  
Ex-student

## I am Proud Of SMA



**Deepak Tomar**  
Ex-student

I am proud to be a St. Marian today. Whatever success I got is due to the support of my respected teachers and my school. I cannot express in words, how grateful I am to my school. At every step of my studies they are there to help me. It is said -

"Success never comes to you; you have to go there to have that view"

I just followed their guidelines and with my hard work I got good marks in Board Exams. So I am very thankful to my school for its eternal support.

## St. Marian Forever

Foundation stones may not be apparent but they are the dominant reasons for the regalia heights. To me, in particular and this entire area in general, St. Mary's Academy, Sarsawa has provided that perfect foundation and provided appropriate launching pad to explore different walks of life. As a student I am glad to have been a part of it and express my sincere gratitude towards the academy and to one and all who belong to it. May peace, prosperity and glory abound it.



**Anu Priya**  
Xth (2010-11)

## St. Mary's Academy : My Identification



**Aastha Jain**  
Xth (2008-09)

Abode of education, my "St. Mary's Academy" is my identification. It always gives me immense pleasure to say that I am a part of it. My very foundation owes a lot to this school and also to all the teachers whom I always found to be standing just by my side, in case I needed some help and guidance.

As an adage goes, "Teachers are our second God and School, the temple". In the same way this school became the second home for me for a long journey of 10 years for which I was there in the school.

I grew from an infant to an adolescent in this school. This school is the sole body to shape up my way of thinking and basically what I am today. For this, I am, really thankful from the bottom of my heart. The words will really fall short.

Abridging my words, I wish that this school may provide the best of talents to the society as well as nation at infinitum.

## Silver Jubilee of a Noble Idea

With a feeling of pride about being a part of this jubilant occasion, I got down to write this message. But then a thought struck my mind – Will I be able to express my happiness about this achievement just by writing a message. The answer came out in negative but then there was no other way out. So, I obliged.

Today when I am recollecting my sojourn of 9 years in the school, I realize what all those schooling days have given me to build up my character as well as persona. Some practices of the school were not liked by me much; but today, I am realizing their importance. One such practice followed in the school was 'Speaking in English'. Initially, it was difficult for me to adapt to this practice but I had to follow it.

Now after leaving the school and entering the corporate world, I find myself placed with convenience because of my communication skills for which I am appreciated both by peers and friends. I dedicate this success to my respected teachers and the environment of the school. On being informed about the Silver Jubilee of the school, an instantaneous sense of achievement overtook me. I think this is because of my attachment with the school which never faded away with the passage of time. I whole heartedly congratulate the school and its Management & Staff for this magazine as well as for the occasion. It is just 25 years. Many more are yet to come...



**ASHISH JAIN**  
Assistant System Engineer  
Tata Consultancy Services  
Ex-student

## St. Mary's Academy : Temple of Learning



**Megha Kochar**  
Ex-student

It is matter of great pride for me to write few lines on the occasion of this issue of Silver Jubilee of My Temple.

Hard work, Smart work and dedication are the three elements which I learnt in this temple and which are heading me straight to my destination.

Now, it's your turn.

## I am Indebted to You SMA

"What I am today is because of this school". All the teachers here are well qualified in their subjects. Their actions shape the young minds into good personalities and responsible citizens of tomorrow. Discipline is the main key and most of the facilities are available to the students. The school reflects the power of Dream and Vision. All teachers are of friendly nature and if life is a name of joy and sorrow then this school is the oxygen of its existence.



**Sawan Kumar**  
Ex-student

# ARCADE OF EMOTIONS OF CLASS XII



When today I stand at the threshold  
From where I have to start  
an entirely new life ahead  
I feel heavy within for the  
simple reason why can't  
I take you along with me.

Saurav Garg

Dear SMA O Dear,  
Even when you'll not be  
near,  
But your Voice, I will always  
hear,  
Don't be in any fear,  
Your memories are in my  
heart here.



Shivani Kumari

My dear Academy I am lucky  
to have learnt this lesson  
from you  
The secret of success in any  
relationship lies  
in turning  
one alphabet upside down  
'ME' to be turned into 'WE'



Siddharth Rathour

Dear SMA, You have helped  
me realize the real purpose  
of my life - service to  
mankind is service to God. I  
will follow this religiously.



Siraj Dogra



Life is like a novel  
Many chapters are read and  
forgotten.  
But there is one I won't  
forget.  
It's the chapter  
'My days at SMA'

Sourabh sharma

Sometimes in life when near  
ones are not dear and dear  
ones are not near, it is easy to  
remember the near ones, but  
very difficult to forget the dear  
ones. At that moment of life,  
dear SMA you will top the list  
of my priority and I'll miss you  
just as at the very thought of  
parting I am missing you.



Sudha Choudhary

If I could pull down the  
rainbow  
I would write my school's  
name with it &  
put it back in the sky  
to let everybody know  
how colorful my life has been  
in St. Mary's Academy.



Vikas Choudhary

If ever there is tomorrow  
when we're not together,  
there is something you must  
always remember.  
It is the fact that SMA is most  
dear to me than anyone.



Vishakha Choudhary



Our paths may change as life goes along, but the bond between me and my school will ever remain strong

Anshul Dixit

The language of my emotions for my dear Academy is not words but meanings.



Anuradha Bazar

What best I've learnt at my school is that I should not protect myself by a fence, but rather by my friends.



Arti Sachdeva



Dear St. Mary's to me you are like a prism through which the many variations of beauty are revealed in our lives.

Ashish Saini



To the world you may be just a school but to me you are the most beautiful world

Cyril Topno

As I stop to look back to my great days at SMA, I assert I would not have been this confident, had I not studied here.



Deepak Kumar

These wonderful days at SMA will always remind me that with sharing we double our happiness and lessen our sorrows.



Gaurav Saini



I have gone through the series of great experiences at the Academy and that would always be helpful to me in my life.

Govind Bahukhandi



Its most difficult to accept that my lovely chapters at St. Mary's are coming to an end. I wish to join it all over again. Though that's not possible yet I cherish this thought so much.

Ibrah Jamal

I remember the lessons, I remember games, I remember the numbers, I remember the names. SMA, you have really turned me poetic.



Jitender Saini





I want to thank all my dear teachers and friends. To all I am forced to bid good bye. Very reluctantly I say good bye to you all.

**Abhishek Chaudhary**

I wish if we could upgrade SMA to a degree college, I could have continued studying here.



**Abhishek Jain**

SMA has taught me to face the ups and downs of life with courage and confidence.



**Abhishek Sharma**

I remember the class of trigonometry and the wonderful lessons of history. SMA you have taught me the various things that are important for life.



**Aditya Kumar**



Dear St. Mary's with you I have lived each day as a festival and now I feel so much nostalgic at the very thought to part from you.

**Aditya Rana**

My heart is filled with countless memories which will never be forgotten. I'll miss all the Manans.



**Akshay Tomar**

As the breeze of future starts blowing over me to take me away from my dear SMA, I feel all shaken but I know that I'll spread the essence of my school wherever I am taken.



**Alok Saroj**

Enjoy your school life to the optimum and extend the best of efforts to realize your dreams.



**Anmar Khan**



SMA you have taught me to become charitable and I promise you that I shall always be. I think if the whole country becomes charitable, then we can eliminate poverty from our nation.

**Ankit Kumar**

I will always miss the morning assembly, the lovely lessons by Rev Father Manager, Sr. Principal and all my dear teachers. I will certainly miss you all.



**Ankit Rathi**





There is a special reason for this message. I just want to steal a single moment out of all your busy life & hope I can make u smile and believe :  
I'll Miss U

Kamal Kant

I WILL MISS YOU in every beat of heart,  
In every blink of my eyes,  
In every second of Time and...  
In every moment of the Day



Kanika Kashyap

Dear SMA you have helped me realize my real self within. You are truly my Alhamdulillah.



Maan Singh

Today i miss u  
Yesterday i missed u,  
Don't worry about tomorrow, I'll always miss u. and that is a promise.  
Miss U Forever.



Mahak Singh



If u want to know how much I miss you,  
Try to catch rain drops,  
The ones you catch is how much u miss me,  
and the ones you miss is how much I miss you

Mausam Chaudhary

At this moment, I feel very imbued to think that I have to part from my dear SMA. I will miss you all the years of my life and when you will call me for the Golden Jubilee, I'll fly back to you in no time



Mohd. Sarfaraz

It was really great time that I've spent in SMA and I'll cherish these wonderful moments for all rest of the years of my life.



Mohd. Amir Qureshi

SMA I'll always remember the lessons you've taught me. I'll remember THE ROAD NOT TAKEN. I learnt and understood in your lap. As I go I'll take care of all the choices, I make in life.



Mohd. Nouman



Sometimes I wonder how will I be able to live without you.  
Dear SMA, You are just not a school,  
But my dear mother whom I love  
So very much attached.....

Neha Arya

Good FRIENDS and TEACHERS are hard to find,  
harder to leave,  
and impossible to forget.



Neha Pandit







ALONE I could SAY but,  
TOGETHER we have SHOUTED.  
ALONE I could SMILE but,  
TOGETHER have LAUGHED.  
ALONE I could enjoy but,  
TOGETHER we have always  
CELEBRATED  
ST. MARY'S you are GREAT.

Nikhil Choudhary



I heard long back that school  
life is the best period of life,  
but at this moment of parting  
I have come to understand it  
better.

Nikhil Kumar

This Academy is the best  
place I have been to so far  
in life and will continue to  
be the best for all the  
remaining years of my life



Pooja Rani



My school has left a very  
indelible mark on my mind  
And I shall always cherish  
the beautiful moments  
spent here forever.

Pushpanjali Kohri



Dear SMA, if I have learnt to  
understand myself so well,  
Then, it's because of you, You  
are my guiding light.

Rajat Arora

The life I have lived at St.  
Mary's will remain fresh on  
mind forever. My school  
has helped me see the  
world beyond the one I see  
with my eyes. This is the  
world of spirituality.



Rajat Jain

A single candle can  
illuminate an entire room.  
A true teacher and Friend  
light up an entire life  
Thank you for bringing this  
light of love and care in my  
life.



Rohit Saini



Dear SMA, You are my  
strength and source of all  
values which I have learnt. I  
promise you that I will live  
your ideals all my life

Sakshi Kalyal

*Wonderful Windows of Academy*

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Volley Ball Team

# TODDLERS' WORLD



## GRAND PARENTS' DAY



## FACULTY & STUDENT'S ORIENTATION WORKSHOP



## SUPPORTING STAFF OF ST. MARY'S ACADEMY, SARSAWA



Standing : Mrs. Christina, Mr. Shanky, Mr. Jagdish, Mr. Nathaniel, Mr. Nini, Mrs. Tara  
Rev. Sr. Jesmy S.D., Rev. Fr. Vijay A. Rao (Manager), Rev. Sr. Sunitha S.D. (Principal)

## FACULTY MEMBERS OF ST. MARY'S ACADEMY, SARSAWA



1st Row (from left) Mrs. Uma Tyagi, Mrs. Meenu Grover, Mrs. Veena Katiyal, Mrs. Asha Pant, Rev. Sr. Josmy S.D., Rev. Fr. Vijay A. Rao (Manager), Rev. Sr. Sunil S.D. (Principal), Mrs. Veeta Sharma, Mrs. Cecilia Ralph, Mrs. Nitu Poonia, Mrs. M.G. Padtnashree, Ms. Amita Yadav

2nd Row Mrs. Lakta Joshi, Ms. Rashmi Singh, Ms. Rashmi Chawla, Mrs. Jolly Saju, Mrs. Anuradha Oberoi, Mrs. Veena Sharma, Ms. Madhu Chauhan

3rd Row Ms. Nirmal Rathi, Mrs. Poonam Kamboj, Mrs. Pooja Parashar, Mrs. Gulshan Jahan, Mr. Divinder Kumar, Mr. Rocky R. Theophilus, Mr. Gaurav Mittal, Mr. Jitender Sharma, Mr. Gaurav Sachdeva, Mr. Anuj Sharma, Mr. Sudhir Verma, Mr. Asad Umar Siddiqui, Mr. Mohit Wadia, Mr. Guizar Bag, Mr. Ashok Tiwari

**SILVER JUBILEE GAMUT**

CLASS - LKG



CLASS - UKG A



CLASS - UKG B









CLASS - III A



CLASS - III B



CLASS - IV A



CLASS - IV B

CLASS - V



CLASS - VI



CLASS - VII A



CLASS - VII- B



CLASS - VIII A



CLASS - VIII B



CLASS - IX A



CLASS - IX B





CLASS - X A



CLASS - X B



CLASS - XI A



CLASS - XI B

CLASS - XII A



CLASS - XII B



# REMEMBRANCE



## YOU ARE ALWAYS WITH US.....

(Dedicated to Late Rev. Father M. A. Joseph)

You are the quintessence  
Of the workforce of so many lives;  
You can never die  
And can never rest in the  
Most cozy Lap of Grave:  
You are the Holy Soul  
Who can never be confined;  
You outlived the bullets  
And Year 1987 saw this 'MIRACLE.'  
You left the barrier  
Of body while in the air;  
And confirmed your immortality.  
Now I see You in Father Vijay  
In whose call, I hear You..  
In whose effort, I smell your endeavour  
In whose eyes, I see your encouragement  
And in whose words, I find bliss  
Which embodies your eternal presence....

Anuj Sharma

## A MOVING ENCYCLOPEDIA

(Late Rev. Father Manager M.A.Joseph)

A person becomes great by virtue of what he does and achieves. Those people who had helped to shape history had left their mark in this world, are those who had great qualities.

Rev. Father M.A. Joseph is a living legend, moving encyclopedia, who gave importance to academics and turned every stone to create better educational opportunities to St. Marians. He strived to elevate the academy up to XII Std. before a month of his demise. He lived and died for this Academy. He caressed all like a biological father.

He gained awards both nationally and internationally. It is pertinent to commemorate his achievements during the time of Silver Jubilee Year for his soul still showers blessings on all of us.

Humbly nurturing the past,  
M.G.Padmashree.



## **ST. MARY'S ACADEMY**

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